The Year of the Poet IV

November 2017

Featured Poets

Kay Peters

Alfreda D. Ghee

Gabriella Garofalo

Rosemary Cappello



The Tree of Life

The Poetry Posse 2017

Gail Weston Shazor * Caroline Nazareno * Bismay Mohanty
Teresa E. Gallion * Anna Jakubczak Vel Ratty Adalan
Joe DaVerbal Minddancer * Shareef Abdur – Rasheed
Albert Carrasco * Kimberly Burnham * Elizabeth Castillo
Hülya N. Yılmaz * Faleeha Hassan * Jackie Davis Allen
Jen Walls * Nizar Sartawi * William S. Peters, Sr.

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inner child press, ltd.

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The Year of the Poet IV November 2017 Edition

The Poetry Posse

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WHAT WOULD FE WITHOUT A LITTLE OF TRY?

${ m D}_{ m edication}$

This Book is dedicated to

Janet P. Caldwell

Han W. Jankowski

Poetry . . .

The Poetry Posse past, present & future

our Patrons and Readers

the Spirit of our Everlasting Muse

R

the Power of the Pen to effectuate change!



In the darkness of my life
I heard the music
I danced . . .
and the Light appeared
and I dance

Janet P. Caldwell

, Janet Perkins Caldwell

Rest In Peace

February 14, 1959 ~ September 20, 2016



Rest In Peace Dear Brother

Han W. Jankowski

16 March 1961 ~ 10 March 2017



Foreword

Feelings need poets to get their portraits painted. Besides every work of poetry, transports the reader into an alternate realm, where imagination turns into reality and the insane becomes the do-able.

There's this poem, "The Voice of the Rain", the poem explains water cycle in the most creative way possible and it's a matter of utmost stupefaction that the poetry accounts for such process in the nature which wasn't discovered until later by the scientists.

In a way, poets give a way to mankind to comprehend even on the most unbelievable fantasies. They direct minds and I believe that literature is the most logical of all subjects.

Poems enables us to see things in ways they have never seen before. And the poet's job, you see, is not to give us straight, encyclopaedic fact but to tell us something new or to tell us something old in a new way- to give us fresh images. In this issue of YOTP, the theme lies 'Thanksgiving'. What can be more beautiful than thanking poets and their children -poetry, which helps this world shape from beautiful manifestation into a heavenly reality. May the light of education keep on lighting stronger every single day and minds be delighted by the magic of verses.

Bismay Mohanty

Preface

Dear Family and Friends,

Our theme for this month of November is Thankfulness and Gratitude.

i Offered Thanks

I awakened this morning, and i offered a prayer of gratitude to the Progenitor of my life, . . . my God.

There are many things to be thankful for. They can be found in the Good and that which is perceived as Evil, the Light and the Dark.

I offered thanks for all the Woe in my life, for through it i learned that i had the gift of Endurance and Temperance.

I offered thanks for all those who have left my life through Death, Moving Away, Growing Up and the ending of Relationships, for it has taught me to appreciate those who are in my life NOW, as well as how to truly cherish the memories of the blessings of their presence i once enjoyed.

I offered thanks for all the Dark Days ... yes, for the dark days brought to me an understanding of how i could truly employ, not only the light of those found in the not so dark days, but how to utilize to the best of my own abilities, and that small light of my own that resides within me.

I offered thanks for all the Anger i suffered through . . . that of my own and that of others. Through my anger i have come to know the true meaning of humility. This gift was imparted to me in being chastised and scolded by others, and in having to be the one who must later apologize for their errancies of character, attitude and expression.

I offered thanks for all the times when i was down on my luck. It was, and is those times i realize that luck and being down, was my own choosing, and that i had the power to alter my perspectives of how i viewed my life. Should i go forth with disdain for the hand that life has dealt me or should i cling to such powerful forces of hope and faith? These powers do have a transformative ability to change my energy to something magnificent and grand.

I offered thanks for all the Tears i have cried . . . for whatever reasons. Tears truly have a deep cleansing ability to alleviate my soul of the angst i have collected through many of life's circumstances.

I offered thanks for all the "NOs" i have heard, given me by life when i so wanted to hear a "Yes". Yes, in reflection, many times those "Yes's" i wished for would have been detrimental to my higher good. I did not always understand this, nor did i care at that moment, for i was blinded by my own "Self Oriented" desires and my finite and limited perspectives on the whole of what may "Be" or "Become". I have grown tremendously because of each and every one of those "NOs" . . . and again i must say . . . I am Thankful.

As you read this, you may say to your self, to be thankful is a good thing . . . or not. But to be thankful, i have found to be personally empowering on so many "Life Levels". It has added unto my abilities to make it through many other circumstances i could not have navigated early on in my

life. It was all the setbacks that taught me how to garner my fortitude to press on. It is all those disappointments that taught me Tolerance, Acceptance and Patience. It has taught me some wonderful things about my own abilities.

This does not mean that i did not want things . . . i did, and i do! This does not mean i gave up on life . . . NO . . i live to the fullest i can . . .when i remember who i am and have the mind-set to do so. Simply put, through the Storms "Life" has so mercifully sent my way, i have come realize a greater expanse of my own abilities. I have come to know the meaning of peace found in the "Eye of the Storm". I have discovered that i am so much more than i believed and so much more than what i have been *Taught* and *Told* . . . as are you!

The biggest and most profound aspect of my existence i have come to reckon with is that there is a Power we have . . . yes "WE", that is connected to some force we have yet to fully comprehend. Most of us about this wonderful plane of existence identify this as God. Whether you are a believer or not, matters not much, for even Science cannot deny this immeasurable force that connects us all to a "One" reality, whether we identify it as Evolution or Creation. They are but words, as are these! But, what is real in this seemingly temporal existence of ours is what we feel. I pray that you take the time to "feel" the goodness of who you are and teach and show others through your example as well to embrace, not just their possibilities of what they may become, but the grand aspects of what we already ARE . . . Right Now . . . Right Here!

Finally, I offered thanks for all the Love i have had in my life and that which still resides, which is "ALL LOVE". The love that appears to have went away, left the Gift of Experience and thus a Lesson or two behind. And, funny thing, these lessons are still mine, the Lesson and the Love.

The Love i have today . . . it is filled with possibilities of what it may become. Who can contain such energy with a closed hand or closed heart None !!!! Love seems to be that Universal Language that is now awakening and calling to all Souls to "Allow" the opening of our Heart's Door . . . Do you hear the knocking?

I have offered thanks this day for you. I Awakened this Morning . . .

So in conclusion, take the time, read what we have to offer, and enjoy the journey.

Building Cultural Bridges

Bless Up

Bill

PS

Do Not forget about the World Healing, World Peace Poetry effort.

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Poets, Writers . . . know that we are the enchanting magicians that nourishes the seeds of dreams and thoughts . . . it is our words that entice the hearts and minds of others to believe there is something grand about the possibilities that life has to offer and our words tease it forth into action . . . for you are the Poet, the Writer to whom the Gift of Words has been entrusted . . .







The Tree of Life

Thankfulness and Gratitude



This month of November, i decided to do something a bit different. Our theme this month was Thankfulness and Gratitude, so i decided to take this opportunity to create a different

perspective on our Tree of the Month. At first i was going to name it The Thanksgiving Tree", but i quickly realized how offensive this term is to our Native American brothers and sisters. So, i decided to name the Tree, *The Tree of Life*. For myself, life is always at its best expression when i walk, think, breathe from a position of Gratitude and Thankfulness.

Though there is not a thing wrong with being grateful and giving thanks, many of us do not appreciate the gravity of such actions. We can make a difference in our lives, the lives of others who are here with us, and those of our past, and thereby effectuate the change we desire for the generations to come.

So in conclusion let us celebrate our abilities to appreciate life and pay this loving sentiment and blessing forward.

Bless Up

Bill

The

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of the

Poet III

November 2017

The Poetry Posse

inner child press, ltd.

Poetry succeeds where instruction fails.

 \sim wsp

Gais
Weston
Shazor



This is a creative promise ~ my pen will speak to and for the world. Enamored with letters and respectful of their power, I have been writing for most of my life. A mother, daughter, sister and grandmother I give what I have been given, greatfilledly.

Author of ...

"An Overstanding of an Imperfect Love" &

Notes from the Blue Roof

Lies My Grandfathers Told Me available at Inner Child Press.

www.facebook.com/gailwestonshazor www.innerchildpress.com/gail-weston-shazor navypoet1@gmail.com

Heaven touched earth

"And you really are Going to make me wait"

Every minute, every day I have become a new person In or out of your heart It is a magical thing, this waking up God weaves eternity into minutes Each new day He makes new magic I find that gift in your voice In your living story And in mine I try to pack more meaning Into my love Here at the middle of all things When my beginning is so long ago My future is unknown Here I want to be close to you And find that I cannot Because you would not have My breath against your cheek Though I would hold breathless To be close to you one more time I remember the magic of October Recognizing my uselessness at forgetting The only man I have ever loved I still my hands from words Close my eyes against the fireworks And give in to God's stillness My soul moves closer to yours

And it's messy and needy and honest God answers my aches slowly Knowing I can't handle the affirmation In my compulsory retreat of smallness Nursing the kind of faith That can change lives and it's not wrong Even though I would have you now My heart cannot take another break So I live in a breathless world In and among my memories of your love Praying that the same God Who was faithful in answering the one prayer Will consent to answer another one I have never stopped loving you Soon I will be ready But even God knows I'm Not yet

Primary Color

I can't really see the world this morning As I choose to allow the light To filter through closed lids From grey to reds and blues I think of the color wheels That I have been studying The hues mystify me in their subtleties And today I feel like that This not quite color Where darkness has created a shading Of my primary happiness The deeper tones are always On the inside of the wheel Very much like where mine lie You would miss this at a glance Blinded by my smile That shimmers on the edges Of wet irises blue And I tamp this down Push these tones inside To make it harder to see The older stuff of memories That won't fade Though still the same happy The same sad, the same blue That navy started out as Monochromatic Complimentary **Tertiary** Complementary

Sometimes we have to believe
That we have a chameleonic choice
But the truth is
It is we
It is me
It is the I
I choose for you to see

Wet...Palindrome

Damp flight Coursing downwards Told Cherokee trail Ford valleys Crossed mountains Bosomed babies Child in hand Longingly looking back After lonesome pines Cresting mountaintops None home Wet Mother's tears Wet Home none Mountaintops cresting Pines lonesome after Back looking lonely Hand in child Babies bosomed

Mountains crossed Valleys ford Trail Cherokee told Downward coursing Flight damp

Bismay Mohanty



It took as long as decade for him to come to the forefront in the poetic world. An engineering student, a poet, a blogger, that's all Bismay Mohanty is about. Even though currently graduating in Computer Science and Engineering he aims to be the most beloved poet of the world. His works magically connect natural sceneries with romance, society, human tendencies and give rise to a sea of literary beauty. He loves to narrate his expressions and learning, therefore actively participates in literature sessions. All his dreams came true when he was nominated as a feature in YOTP by Inner Child Press.

He dreams to establish media to encourage writers and poets worldwide. Also, he aims his poems reach people all over the globe.

He can be mailed at bismaymohanty.97@gmail.com

To all men

Tonight I seek silence For all the false promises And unemotional attachment Of friendship being true and permanent. My heart is sinned and my soul is scarred The mystery of life makes the mind from normalcy barred Oblivion asks me to think 'Are all men happy' and winks? Maybe not, to my dismay Man has a hollow pushed unattended away Breaks, he makes, and it breaks again His being is something which his world may disdain. I depart for the night With my verses tight I pray all men meet their souls, it helps To start an early day again not for themselves.

Forever

In this score I shall set
The tale of how we met
Call it my luck or a plot of fate
Rescuing me from loneliness that I hate.

It was a new session of the year, myself I told Fearing the chances that it may go like old At that instance I saw a face so bright Evading all darkness in my cold gazed sight.

The weather was coloured and my lips were pale Yet my mind knew it has found tell-tale And little did I knew before I was told catching on to my breath whilst my heart was sold.

Never did I bid "hi" or said "goodbye" You spoke to me with warmth of your smile As these conversations continued long I believed we could tag along.

Your childish mischief, innocent talk
Oh! God just wish me luck
That running mouth knew no limit
And I was the listener without much wit.

I wished we could have continued But I can't wait more Said those three words With my throat still sore.

You stood still and gave a nod Persuading me as if I made mistake Later you blushed and said me yes Finally, my heart had found a place.

Little did the tale continued When the colourful moods grew grey Though there was no feud But you made me stand at bay.

No calls, No chats, No promises Made me utterly plea Soon it adds to my distress While u mentioned me your glee.

I knew that we are parting
Still prayed lord for one more blessing
You were my gift that I can't stop reminiscing
Stitching my heart as it continued breaking.

Years have passed but I still remember Don't know if I will meet you again ever I kept waiting and she walked away And this is how our lives changed forever.

To Someone

I'm too shy to bid a "hi"
When your r up close, just tell me why
It's hard to say goodbye when time flew us by
Heart sheds tears but eyes stay dry.

I help you in every way I can Even I'm ready to endure any pain but all pain goes in vain when I see your smiling face, which makes me your fan.

I never deny all task u testify No matter how difficult, I always give a try You deny me ask with your smiling reply This stupid mind of mine say "next time she will try".

You say you are selfish and can never be like me But are unable to understand that you make me complete.

As the time goes by
It makes me clear
That I am not the one
Whom u shall make your Dear.
But I keep the promise
On this day that I will remember
Even after we part ways
We will stay friends forever.

Jackie Davis Assen



Jackie Davis Allen, otherwise known as Jacqueline D. Allen or Jackie Allen, grew up in the Cumberland Mountains of Appalachia. As the next eldest daughter of a coal miner father and a stay at home mother, she was the first in her family to attend college. Her siblings, in their own right, are accomplished, though she is the only one, to date, that has discovered the gift of writing.

Graduating from Radford University, with a Bachelors of Science degree in Early Education, she taught in both public and private schools. For over a decade she taught private art classes to children both in her home and at a local Art and Framing Shop where she also sold her original soft sculptured Victorian dolls and original christening gowns.

She resides in northern Virginia with her husband, taking much needed get-aways to their mountain home near the Blue Ridge Mountains, a place that evokes memories of days spent growing up in the Appalachian Mountains.

A lover of hats, she has worn many. Following marriage to her college sweetheart, and as wife, mother, grandmother, teacher, tutor, artist, writer, poet and crafter, she is a lover of art and antiques, surrounding herself, always, with books, seeking to learn more.

In 2015 she authored *Looking for Rainbows, Poetry, Prose and Art*, and in 2017, *Dark Side of the Moon*. Both books of mostly narrative poetry were published by Inner Child Press and were edited by hulya n. yilmaz.

jackiedavisallen.com innerchildpress.com

Humbled

Restless, sleepless, beneath a blanket Of fatigue, he tossed and turned all night

With the dawn, he found the fiend Of insomnia's personae Had stolen his energy

If he were being true to himself He'd surely confess that fear of failure Had rattled the repose of his bones And that he simply wanted to be Completely left alone

And, yet, as a result Of an isolated incident, he idly perused

A pamphlet that came in the mail
In the bold print he saw enough
To stir him into action
How that came about he had no idea
He does wonder if by a simple seed

Sown long ago, belief reappeared As from a great flood's past fears and tears

Or, whether from need or greed Or impact from revelation. So, now Ready to receive, and with eyes newly opened He kneels before his bed, and confessing Relinquishes the past and gives thanks

Alone in my Closet

The sacred echo Reverberates in my mind

Silently it convicts me Of the duty and blessing

Of loving actively Of acknowledging the source

By which the gentle, persistent Nudging of my heart

Instructs my conscious, If you will, by faith alone

To heed the admonition To love, to share, to do

As best as I can That which is right

If I Were a Tree

If I were any kind of a tree Standing alone in the midst

Of autumn's realm of season

I wonder what others might think Seeing me mostly naked, me

Having shed my summer's attire

Perhaps they would contemplate How it is that nature dares

To strip me down bare

Until the time of spring When once again, thankfully

I shall be clothed in colors' green

Perhaps I would contemplate How it is that winter's stare

Bids me conserve my energy

To hold, against my silent bark Winter's frosty bite and simply wait

For my glory to return anew Who knew that in autumn's Attire, my beauty would appear

In splendiferous hues or else stripped

Down into the bones that royally reign, despite The cold and hot, the day or the night

Despite that which is outside the landscape scene

Asbert Carrasco



I'm a project life philanthropist, I speak about the non-ethical treatment of poor ghetto people. Why? My family was their equal, my great grandmother and great grandfather was poor, my grandmother and grandfather, my mother and father, poverty to my family was a sequel, a traditional Inheritance of the subliminal. I paid attention to the decades of regression, i tried to make change, but when I came to the fork in the road and looked at the signs that read wrong <> right, I chose the left, the wrong direction, because of street life interactions a lot around me met death or incarceration. I failed myself and others. I regret my decisions, I can't reincarnate dead men, but I can give written visions in laymens. I'm back at that fork in the road, instead of it saying wrong or right, I changed it, now it says dead men <> life.

Infinite poetry @lulu.com
Alcarrasco2 on YouTube
Infinite the poet on reverbnation

Infinite Poetry

http://www.lulu.com/us/en/shop/al-infinite-carrasco/infinite-poetry/paperback/product-21040240.html

Worrisome

Right now there's many worried children. They're worried because their household is working on a tight budget, there's a lot of things they want, but may not be able to afford it. To the young world image is everything, he looks nice, she looks nice. people saying he/she are looking like last year is what they They don't want to sit at lunch solo, they want to be amongst the popular kids considered the status quo. It's sad that not wanting to go to school because of appearance, is something that runs through many minds, "if I don't get new pants, shirts, sneakers, caps etc. I'll cut class so no one sees me". I know well and it isn't easy.

It's the first day of school

What classes do you have? Yay, we're going to be together again! We've been in the same classes since elementary, time flies, hopefully it will remain like that during these four years in junior high. There's a bunch us. During the summer we still see each other, we are neighbors.

We go to the beach, amusement parks, camping, fishing or will just meet up in the local park and have a day of sport playing. Us being close, made our parents close, we're a huge family.

You could see the excitement in all of our eyes, guys drooling over girls, girls drooling over guys, we are all in awe over the schools size. We're freshmen and It was huge. It's something new to us. It was like a Minnie city in a big city. The halls were long and wide, the stairs steep, in between bells you can hear a stampede of feet, the rooms looked like little auditoriums, the students were all dressed nice and neat in uniform sitting calm. we're young adults now, the elementary days are gone.

Back to school

Don't cry ma, I don't need new clothes for school. Don't worry I still have space in last year's loose leaf to write in. i can tape my folders back together. I still have my pencil, pens and sharpener. No mom we don't have to borrow, we will get everything we need in one of our tomorrow's. I don't need a lunch box, just pack my sandwich in my nap sack. Mom don't worry about bus fare. I'll walk, in about a week or so my bus pass will be there. Don't worry mom I got this we will be ok. Mom why are you still crying? Mom says... I wish I could do better for such a good kid.

Loe Da Verbas Mind Dancer



Joseph L Paire' aka Joe DaVerbal Minddancer . . . is a quiet man, born in a time where civil liberties were a walk on thin ice. He's been a victim of his own shyness often sidelined in his own quest for love. He became the observer, charting life's path. Taking note of the why, people do what they do. His writings oft times strike a cord with the dormant strings of the reader. His pen the rosined bow drawn across the mind. He comes full-frontal or in the subtlest way, always expressing in a way that stimulate the senses.

https://www.facebook.com/joe.minddancer

BASIC LOVE

When the turn of color on leaves glow when the first frost etches art on a pane

I'm thankful for the love in me that stares When my neck stings from a ball of snow I hear the giggling eyes behind the cover of home I'm thankful for understanding, I did that too

I love the smell of plans for a feast I thank goodness for family I thank goodness for the ability to express when most hearts are at rest, I dream of love

Sometimes a cloud is just a cloud When you love for loves sake it will never be that plain

My heart is influenced by joy and pain I'm thankful for Sun and Rain I'm thankful my mind is arranged to act on love

from the littlest change in nature to a catastrophic disaster Basic love comes together

I'm thankful I can see it I'm hopeful we can be it Know love and you'll receive it

HOME AND COUNTRY

The first step onto foreign land, I was thankful where I came from the same was said from a guy I met, He was thankful where he came from different laws different flaws same pause same causes and demonstrations same social frustrations, similar political mishandlings it's hard to leave where you were born and raised I'm not talking state to state or even country borders I'm talking traveling over water new social orders

when you see a sign from home pride grows from your dome you get that feeling you're not alone The banners are waving in air people care where they're from people share where they're from People protest them People profess them it hurts when they don't measure up We fight when the pressures up and will defend its honor and not pretend, that's harder when things are not right But when the Sun goes down and the land on which you stand birth stars Be thankful where you are

THREE BUTTONS

One hole to the left of my vest One hole, stretched at best Beer belly tells me a size up One button keeps my eyes up

Pressed by a pretty dress Stressed by loveliness Push my buttons three Push my buttons free

There are buttons that anger me

One button keeps my eyes up Beer belly tells me a size up One hole, stretched at best One hole to the left of my vest

Push my buttons free Push my buttons free Stressed by loveliness Pressed by a pretty dress

there are buttons that tangle me

Push, push, push, my buttons Elevate my status cousin the deer are rutting

Three buttons set me free

Shareef Abdur Rasheed



Shareef Abdur-Rasheed, AKA Zakir Flo was born and raised in Brooklyn, New York. His education includes Brooklyn College, Suffolk County Community College and Makkah, Saudi Arabia. He is a Veteran of the Viet Nam era, where in 1969 he reverted to his now reverently embraced Islamic Faith. He is very active in the Islamic community and beyond with his teachings, activism and his humanity.

Shareef's spiritual expression comes through the persona of "Zakir Flo". Zakir is Arabic for "To remind". Never silent, Shareef Abdur-Rasheed is always dropping science, love, consciousness and signs of the time in rhyme.

Shareef is the Patriarch of the Abdur-Rasheed Family with 9 Children (6 Sons and 3 Daughters) and 41 Grandchildren (24 Boys and 17 Girls).

For more information about Shareef, visit his personal FaceBook Page at:

http://www.facebook.com/shareef.abdurrasheed https://zakirflo.wordpress.com

inflaming..,

nation saving face in relation to all human race consider the disgrace that awaits implication: world's leader nation diminished reputation because their leader was neither a decent human being or qualified to lead and yes you can believe... he, she may in fact act in collusion with evil intrusion choosing losing over winning respect, rather disconnect then form unity, solidarity, preserving long lasting relations with a diversity of nations in the spirit of enhancing humankind leaving no people behind, turning away from doing deaf, dumb, blind way instead using blessings bestowed to lead the way into a brand new day but wait a minute it was a dream had solutions to solve problems in it first establish justice, human rights given by the author of rights making unity of mankind internationally the plight but i woke up only to throw up at the sight of inept leader acting more like bottom feeder low life cutting freedom, peace, security, prosperity, serenity with ~hot knife~ causing death, sorrow, strife rather then the above mentioned love reason for everything, folks get leaders they deserve based on life they chose, be it rejection or accepting divine direction will determine mankind's fate that ultimately awaits affected by what path we take crooked or straight has a direct effect on rulers being kind or who lead by hate

food4thought = education

come correct don't sleep on cause 'n 'effect

peace

please, please, please said the godfather of soul yes please, please, please feed the soul peace that's what souls love to eat, i repeat " that's what souls love to eat "

speaking of love ya need a loving soul to love peace loving soul makes one whole, it's all love beloved never hate, except to hate hate,

evil like greed, arogance, jealousy, mischief makers who hate peace, love war, turmoil, confusion stop confusion, fuse the union, come together as humans life is precious, life is short, fragile must cherish, value every life but first cherish, value your own life, love yourself

and you will know how to love others, value, cherish their lives

no matter their color, tribe, nation we're all blood relation from first human creation our father and mother of all human race

Adam *(aws) wa Howa(ra)* our mother, our father what da Beatles say? "Come together right now, come together"

dismiss hate beloved, reject the request of the hater to divide.

live off a diet of arogance, puffed up pride is no way to live or die

instead try humility, gratitude, a loving, giving attitude come down now off your lofty altitude, lower your wing be a giving, caring, creator fearing, loving human being please, please give peace a chance come together right now, come together right now bust a love nut all over the world, bury hate before it's too late please, please, please!

Supplicate only..,

reserved same as he who one serves exclusively, unconditionally, repeatedly he who one needs is he who has no needs created all living things including their time time to live, time to die only he knows why supplicate only... to he who when he wants to do something says " Be " who's words are more than all waters in all oceans, seas hears all as well as sees all things, absolutely nothing escapes his awareness closer than jugular is his nearness who, what else can be your dearest? who else can be the fairest. able to remove all ills at will answer: nil! supplicate only.., to him who is worthy of all praise, worship, devotion including supplication he who hears all cries for help, the beggar who seeks magfirah(forgiveness) he alone can forgive is he who wants his slave who he created, fashioned, made only to worship thee creator who is capable and actually has created all living things that ever was, does and will have life unquestionable, unconditionally, totally commit that life which is a loan to the very one who loaned it constantly asking help, forgiveness, guidance, protection, sustenance, bounties, blessings

this is why he made you from nothing in the first place but oooh sooo lost this human race, oh mankind! looking for love in all the wrong places instead of from he alone who made us, loaned us life will take it for surely from Allah(swt)* we come and to him is our return Ameen!

food4thought = education

Kimberly Burnham



Find yourself in the pattern. As a 28-year-old photographer, Kimberly Burnham appreciated beauty. Then ophthalmologist diagnosed her with a genetic eye condition saying, "Consider life, if you become blind." She discovered a healing path with insight, magnificence, and vision. Today, a poet and neurosciences expert with a PhD in Integrative Medicine, Kimberly's life mission is to change the global face of brain health. Using health coaching, Reiki, Matrix Energetics, craniosacral therapy, acupressure, and energy medicine, she supports people in their healing from brain, nervous system, and chronic pain issues. As managing editor of Inner Child Magazine, Kimberly's 2018 project is peace poetry—A Glossary of Peace: Perhaps If We Understood Each Other. Featuring diverse poets, this anthology explores the nuances of peace in many languages and aims to contribute to healing in the world.

http://www.NerveWhisperer.Solutions https://www.linkedin.com/in/kimberlyburnham

Sensational Gratitude

Appreciate
palms together upraised
hands cooking writing
waving hugging
wrapping the world in love
experiencing delight
in peaceful touch
sought in dreams
found in every day

Gratitude for sounds
read aloud
I love you
you won
the breeze waving trees
footsteps
movement
life returning again and again
giving voice to dreams
spoken into reality

Thankfulness
see a genuine smile
lips moist
kissed by sunlight
a story poem
green branches winding
through the natural world
a tree
reaches for dreams
perceived at night
realized in morning light

Taste Treasures

Subtle spices travelling far cultures blending seamlessly chocolate hot sweet potato fries grapes off the vine ripe raspberries rosemary homegrown walnuts crisp apples dinner cooking rich aromatic fresh air near a waterfall as water turns splashing rising into clouds falling again to nourish all

Gratitude for Intuition

Right
this path
for me
a particular color
chosen from rainbows
connections made
sensations of safety
wrapped in warmth
a peace blanketing
like a layer of snow

Why
I don't know
a feeling
deep inside
subconscious made manifest
a word
a touch
a sense
this is good

Elizabeth

E.

Castillo



Elizabeth Esguerra Castillo is a widely-published and multi-awarded international author/poet from the Philippines. She has 2 published books: "Seasons of Emotions", UK and "Inner Reflections of the Muse", USA. Elizabeth also co-authored more than 70 international anthologies in the USA, Canada, UK, India, Romania, and Africa. Elizabeth is a member of PEN International, the American Authors Association (AAA), and Asia-Pacific Writers and Translators (APWT).

Facebook Author Page:

https://web.facebook.com/ElizabethEsguerraCastillo/

Thankfulness

Being in gratitude doesn't cost you a thing
It is deemed as a way to let blessings flood your way
To thank the Universe in every little thing you receive
The gift of life, the air you breathe,
The sun's ray kissing your cheeks, the infectious laugh of a
baby

I thank God for what I have become now

For my loving family, friends and even foes,

I thank God for my troubles which are actually blessings in disguise

For each and every experience I take
In my journey here on earth to fulfill my Destiny.

My Vision of Love

In a secret hideaway there is where love resides Inside the deep recesses of your whole being Embedded in the core of your soul, Like a caged, fragile robin One needs to set if free and let it reign Reign in the hearts of greedy and envious men, Let Love rule the Land and set aside indifferences And wake up to a brand new morn of blissful possibilities. Let the blind see the Light and let it dawn upon him That hatred only leads to a miserable reality, Where there is Love, there lies Peace My vision of Love is a world in unity Where there is no more division, no more colors that separate one from the other, For we are One, from One Source Cast out from Paradise because of one evil venom Let Love rule our hearts and make amends with one another

As we continue to fight the Battle together with the Angels above

The perfect vision of love is a world in harmony Let go of hate and set each other free.

Yearning Soul

my soul yearns for the nearness of you to hear your voice like a beautiful melody echoing behind the darkness,

to have your hand fit into mine to be lost in oblivion with only you, to look at the stars and marvel at the moon while talking about the Universe and how you moved my heart

my flame yearns to unite with your fire, to ignite again the warmth of this dying ember to get lost in your eyes, to melt with just a glimpse of your smile

the pilgrim in me yearns to have you walk with me in my journey,

to put an end to a dark spell with my thousand years of waiting for only you my soul yearns for the nearness of you.

Anna Jakubczak Ves Ratty Adasan



Anna Jakubczak vel RattyAdalan – was born 18 April 1994 in Szczecin. Polish poet, journalist and the main editor of e-Magazine *Horizon*. Student on journalism and social communication at the University in Szczecin. In free time author on the website

www.annajakubczak.wordpress.com

Anna Jakubczak vel RattyAdalan collaborate with Association of Polish Writers and few Polish and international magazines. Her poems were included in a few American anthologies: "FM 7: Fall 2013", "FM 8: Winter", "FM 9: Spring 2014", "FM 12: Summer 2015" and "FM 13: Fall 2016" published by Lewis Crystal and Roseanne Terranova Cirigliano in cooperation with Publishing House "Avenue U Publications" and She started to publish her poetry in the cycle "The Year of The Poet" since 2016. Poem "Interlova" was printed in the magazine "The Indus Streams" published by Apeejay Stya University (School of Journalism & Mass Communication).

She's interested in philosophy, literature, psychology, music, mass media. Her hobbies are: cooking, reading books, learning foreign languages, translating and traveling.

In 2013 she published her debut volume: "Ars Poetica". At now she's working on next books: volume "Conversation at night", novel "Wind of hope", collection of stories "Gates of subconscious" and fairytales "The squirrel's stories from the old larch".

Novenna

.... For Mother

I'm like a cat in empty apartament, don't believe that the door will not open any more. You left so quietly, unexpectedly, didn't tell why so early.

Is the fate has invited you to tea, so you with Poswiatowska could enjoy the fine metaphors. Or maybe has the God appointed you another job?

Oh God although I'm sad, I'll miss you curled up like a cat, by the empty bowl. Playing with reflection, listen for the steps that will never come.

God, take care of her and you will take care of me as well.

Sanctuary

bitterness lurks insidiously to the dream and the time in which disappears image of the last dance singing is lasting: let perpetual light shine...

certificate
between flames
and cross – positive
at which bounces off the wind

there are also spiders winter caretakers, weaving duvets to not have experience the frost eternally alive names of the nature

ab ovo usque ad mala*

Latin – from start to finish

I'll wait

...For Arsenie

Although there will be a day when I already wither.
When the night will not be dependent on the day.
And the soul I will hang up as he frayed coat.
I'll wait.

Although you already forget. Another as smooth as silk will touch your face and all poems turn into yellowish. I'll wait.

And the inspiration the wind can take somewhere, throwing dust on the tombstone, which will emboss the epitaph, telling all in just one word. I'll wait.

Nizar Sartawi



Nizar Sartawi is a poet, translator and educator. He was born in Sarta, Palestine, in 1951. He holds a Bachelor's degree in English Literature from the University of Jordan, Amman, and a Master's degree in Human Resources Development from the University of Minnesota, the U.S. Sartawi is a member of the Jordanian Writers Association, General Union of Arab Writers, and Asian-African Writers Union. He has participated in poetry readings and international forums and festivals in Jordan, Lebanon, Kosovo, and Palestine, and Morocco.

Sartawi's first poetry collection, Between Two Eras, was published in Beirut, Lebanon in 2011. His poetry translations into Arabic include: The Prayers of the Nightingale (2013), poems by Indian poet Sarojini Naidu; Fragments of the Moon (2013), poems by Italian poet Mario Rigli; The Souls Dances in its Cradle (2015), poems by Danish poet Niels Hav; Searching for Bridges (2013), poems by American poet Margaret Saine (2016) The Talhamiva (2016), poems by Palestinian poet Nathalie Handal. His Arabic poetry translations into English include Contemporary Jordanian Poets, Volume I (2013); The Eyes of the Wind (2014), poems by Tunisian poet Fadhila Masaai; The Birth of a Poet (2015, 2016), poems by Lebanese poet Mohammad Ikbal Harb; Haifa and other **Poems** (2016), poems by Palestinian poet Samih Masaud; The Pearls of a Grief (2016), poems by Lebanese poet Abdulkarim Baalbaki. He has also been working for the last four years on a translation project, Arab Contemporary Poets Series.

Sartawi's poems and translations have been anthologized and published in books, journals, and newspapers in Arab countries, the U.S., Australia, Indonesia, Italy, the Philippines, and India.

Broken Olive

a bleeding branch of a maimed olive tree lying beside the road

a stranger passing by asks: WHY?

a crowd of angry faces shaking in dismay

four men in a jeep watching silently fingers on the triggers

and from above a lonely dove spits an olive leaf

* * * *

Genesis

And now that spirit has been breathed into her nares all of a sudden she breaks out of her shell and there emerges she an awkward princess awakened from her sleep.

She stretches her wings – small and soft – and makes as if to fly.

~ ~ ~ ~

O little child your downy coat has not as yet feathered.

Nor has my pencil hitherto declared you daughter of my dreams

* * * *

Motherless Day

On your Day,
Mother
I drag my legs
to the narrow spot
where my eyes looked once
upon your holy corpse
swaddled in white
and laid deep
in your great Mother's bosom.

How much did I ever give back?: a handful of dust dispersed upon the white sheet

Two salty drops moisten my lips as I walk away drooping my head a helpless homeless dog!

* * * *

Jen Wasss



Jen Walls is a celebrated international author, poet, editor, and literary reviewer/critic. Jen brings heart-radiance alive; pulsating mystical poetry as soul's sharing care of rare positivity. Jen's first collection, The Tender Petals, was released November 2014 by inner child press, Ltd. USA. Her second book of poems, OM Santih Santih, featured co-authored spiritual nature duet poems that sing of love and peace from both author's solo and combined poetic works. OM Santih was released in November 2015 by The Poetry Society of India. She brings heart blessings onto grace-journeys via mystical nature poetry; shimmering beauty that glides forth - meeting love-vibes held compassionately through positive poetic mantra-verses. She joyfully writes daily on Facebook; utilizing it as a vibrant and living poetic palette. Jen's works appear globally in anthologies and international A few include: publications. *Contemporary* Vibes. PoetCrit, Bhakti Blossoms, Core Realm of Cosmic Peace & Harmony, The Year of the Poet, and The Martin Lake Journal. Her poems are dedicated conscious breaths to awaken living prayers for our world peace and global harmony. Jen was awarded the 2016 Distinguished Poet Award from Writers International Network (WIN-Canada). She devotionally flows profound love-messages for the entire humanity. Jen resides in Saint Paul, Minnesota, USA with her loving family.

Contact Jen Walls: mywritegift@gmail.com

https://www.facebook.com/jen.walls.7
http://www.innerchildpress.com/jen-walls.php

HEART OF DIVINE

Supreme Love's found in the selfless Self lives on - praying inside bubbling fresh dew ever awakening - through and through into light, the day brings each living gift. We're here learning how we're to be true within opening waves, finding love's heart unwrapping petals - perfuming perfect kiss watching, we wake the eye of consciousness. Eclipse and learn to outgrow our ignorance reach within - touch-find sun's cosmic rays weave a dance - feel beyond dreaming-spray live free, bringing light into each truthful day. Abide with soul's mantle and raise love high birth's not to be in vain, nor is death just to fly Mother gives her touch to calm all the cries soothing lifetimes from storming rage and fear. Heartbeats sing, share a caress lingering here breathing an ancient song, loving and strong only love-birds call out to find one another resounding prayers, living in earthen mists. Eternity persists - greeting the love-breaths meeting melts of heart through infinite grace speak silent flows - loving soundless sound give sublime bliss-surround into heart of divine.

HEART'S HAPPENING

Perceive divine dew pray creative spirit through; shine living-joy breaths

Pace with sunny calm melt light-sprays across heart's lake; receive sweet-flow streams

Breathe-be loving peace hear through soul - beauty's prayer; know love's silent care

Quiet - live restful whisper peace with everything; feel care-balm's calm grace

Blaze fire - go through burst beauty beyond thinking; lift in glowing hope

Wake full coloring watch turn of autumn arrive; dance heart's happening

INNER-SUN

Be watchful - blaze light clear windows of translucence feel breaths that are known

Bloom gratitude's bliss flow heart's nectar - share beauty; wake spiritual peace

Melt-away morn's frost dance simply seraphic flight; drip effortless dew

Watch sweet bloom come true give heart's cup overflowing; live bliss - O' Sadhu

Fly love into heights carry kiss alive - thrive joy; wake the inner-sun hülya

n.

yılmaz



A Penn State faculty in Humanities, published author, literary translator and freelance editor, hülya n. yılmaz started her formal writing career in the U.S. after joining the Nittany Valley Writers Network in Centre County, PA. Her poetry made its first public appearance in the OLLI Magazine, *Pastiche*. Dr. yılmaz' academic publications include an extensive research book on the literary relations between the West and the Islamic East, a chapter for a book of critical essays on Orhan Pamuk – the recipient of the 2006 Nobel Prize in Literature, and several treatises presented at national and international conferences.

Outside the academia, hülya has authored *Trance*, a book of poetry in Turkish, German and English, and co-authored another collection of poems, *An Aegean Breeze of Peace* with Demetrius Trifiatis, professor of Philosophy from Greece. She finds it vital for everyone to understand a deeper self and writes creatively to attain and nourish it.

Links

Personal Web Site http://authoroftrance.com

Personal Blog Site https://dolunaylaben.wordpress.com

giving thanks? an understatement!

1

in an intense relationship since last May with nature oh so divine all that i had missed for too many years catching up now with its wonders any second that i can and i can do so quite well i came to realize

thankful grateful utterly appreciative that she held my hand to lead the way to live and love the now and the here

do i no longer dwell in the past oh yes i do it is a different commemoration though my beloveds gone to soon . . . or timely as some might conclude . . . would have wanted nothing but peace from within for me they will know after all i am celebrating their lives my to-be-ensuing death all that which they gifted me with no longer trapped in those

self-destructive sorrows of mine but rather fiercely making up for lost time basking in their incomparably precious memories thanking them at the core of my soul our spirits thus unite in awe for each other's good

oh yes i will be okay everything shall be alright because there indeed is a might that oversees them me us in a constant delight

so my self i find inside a reunion of eternal light and i thank life i thank i thank i thank

2

had i known would i have grown this clueless all these years

3 thankful gratitude for i can appreciate life and death while whole

Teresa

£.

Gassion



Teresa E. Gallion was born in Shreveport, Louisiana and moved to Illinois at the age of 15. She completed her undergraduate training at the University of Illinois Chicago and received her master's degree in Psychology from Bowling Green State University in Ohio. She retired from New Mexico state government in 2012.

She moved to New Mexico in 1987. While writing sporadically for many years, in 1998 she started reading her work in the local Albuquerque poetry community. She has been a featured reader at local coffee houses, bookstores, art galleries, museums, libraries, Outpost Performance Space, the Route 66 Festival in 2001 and the State of Oklahoma's Poetry Festival in Cheyenne, Oklahoma in 2004. She occasionally hosts an open mic.

Teresa's work is published in numerous Journals and anthologies. She has two CDs: On the Wings of the Wind and Poems from Chasing Light. She has published three books: Walking Sacred Ground, Contemplation in the High Desert and Chasing Light.

Chasing Light was a finalist in the 2013 New Mexico/Arizona Book Awards.

The surreal high desert landscape and her personal spiritual journey influence the writing of this Albuquerque poet. When she is not writing, she is committed to hiking the enchanted landscapes of New Mexico. You may preview her work at

http://bit.ly/1aIVPNq or http://bit.ly/13IMLGh

High Desert Moment

The clouds rush toward the plains with a song in their wings.

I want to hitch a ride as they chase green streaking across the valley.

A tease of yellow chamisa flirts between the desert grass. As summer winds down, fall takes its yearly stroll.

Gratitude bursts from my chest in uncontrolled waves as the fall festival begins. I am here to witness the change.

Little Bird

She calls my name with such a sweet chirp.

I walk closer to her and she does not fly away.

She feels the flood of love's energy around me and draws near.

I am humbled by her gift of song embracing the breeze.

I am blessed to encounter her and gratitude flows from my eyelids.

When you see a little bird, always give it a big smile.

The Punishment Room

The image of the punishment corner lives with me even today.
My mother did not believe in spankings.

Depriving me of the outdoors worked much better until I adjusted to sitting quietly on a yellow soft stool facing the wall.

When Mama forgot to check on me, there was always writing on the wall. Though I disliked not going outside to play,

staring at a white wall became a great place. I travel to exotic places like Africa and dance with the natives, paddle down the Amazon River

with an indigenous tribe or beat the hell out of someone as a ninja warrior. My imagination came alive sitting in the corner.

I was an avid reader of National Geographic and anything else that involved travel. Momma did not realize that at some point

the punishment no longer worked until the day she tried to get my attention. She yelled my name and I did not respond.

She understood why I was so quiet. I had zoned out to travel. She physically shook me back to that corner in the living room.

A new punishment method later evolved.

Faleeha Hassan



Faleeha Hassan is a poet, teacher, editor, writer born in Najaf, Iraq, in 1967, who now lives in the United States.

Faleeha's poetry has been translated into English, Turkmen, Bosevih, Indian, French, Italian, German, Kurdish, Spain and Albanian. She has received many Arabic awards throughout he writing career.

Her poems and her stories published in different American magazines Such as : Philadelphia poets 22, Harbinger Asylum, Brooklyn Rail April 2016, Screaminmamas, The Galway Review, Words without Borders, TXTOBJX, intranslation, SJ .magazine, nondoc ,Wordgathering, SCARLET LEAF REVIEW, Courier-Post, I am not a silent poet, taosjournal, Inner Child Press, Press of Atlantic City.

d.fh88@yahoo.com

The Futility of Protesting Near Bustling Cemeteries

For the Most Important Person in My Life, My Son Ahmad

Preamble:

Take my spirit for your shirt And use my heart's arteries for shoelaces.

Poem

My spirit patched with raw dreams,
My soft body blemished by war's scars,
My heart crushed and crunched like
Leaves under foot—
These are the sole signs of my existence
In a room that awaits a hurricane
That dreams of unleashing its gales.

My son,
Let me say tonight,
Objectively,
That I can't do anything more.
What happens,
Happens all the time.
What doesn't happen,
Never happens,
But we always paint a comely face
On life's hideous visage.

Remembering

I remember

I was born there,

Near a lingering dream,

When my mother, alone with her passion,

(I 'm alone still, an orphan)

Arranged her dreams in boxes called "us"

And then returned the next morning to

Press her eyes to shed kohl,

While she slept, we lay as naked as a freshly washed tunic

Inhaling alienation as we dried.

The Wagon

So Like a man inured to failure,
We climbed aboard the wagon,
And The driver, only the driver,
Began to listen as the cadence of our deprivation
—Thud. . .. Clunk. . . and so on-Infiltrated the wagon's pores,
Starting with that first dirt road.
Our lives' parasols disappointed us
When we shared sorrows
Without fancy titles,
while Reaping lethargy and frustration.
It wasn't only the driver, or The horse, or Our heads
That looked meager;
The wagon's outlook did too.

Translated by William M. Hutchins

Garosine Nazareno



Caroline Nazareno-Gabis a.k.a. Ceri Naz, born in Anda, Pangasinan, Philippines, known as a 'poet of peace and friendship', is a multi-awarded poet, editor, publicist, linguist, and educator.

Graduated cum laude with the degree of Bachelor of Elementary Education, specialized in General Science at Pangasinan State University. Ceri has been a voracious researcher in various arts, science and literature. Recognized as dedicated volunteer of Richmond Multicultural Concerns Society, TELUS World Science, Vancouver Art Gallery, Vancouver Aquarium and some charity foundations in Canada and in the Philippines.

Beyond her Directorships in Writers Capital International Foundation (WCIF), World Poetry Canada International and Galaktika ATUNIS, she advocates peace, women's rights, culture, arts and literature: Global Citizen's Initiatives, Asia Pacific Writers and Translators (APWT); The Poetry Posse, Association for Women's Rights in Development (AWID), Universal Peace Federation, Akademika Nusa International Social Sciences and Humanities (ANISSH), Axlepino and Anacbanua.

Her poems were published in various local prints and international anthologies. Among the prestigious awards she received are: 4th Place in World Union of Poets Poetry Prize with 100 participants worldwide, Writers International Network-Canada ''Amazing Poet 2015'', The Frang Bardhi Literary Prize 2014 (Albania), the sairgazeteci or Poet-Journalist Award 2014 (Tuzla, Istanbul, Turkey) and World Poetry Empowered Poet 2013 (Vancouver, Canada).

Uno, on Your Birthday

Let me write you a welcome note

Just for you, today—
you are a miracle and wonder
with your first cry, first stretch,
first warm reddish dimple show
and angel's smile,
You are God's perfect breath of love
as your parents' number one and first born
The beginning of joy
The heaven's heart, baby Uno!

portrait of gratitude: first family picture

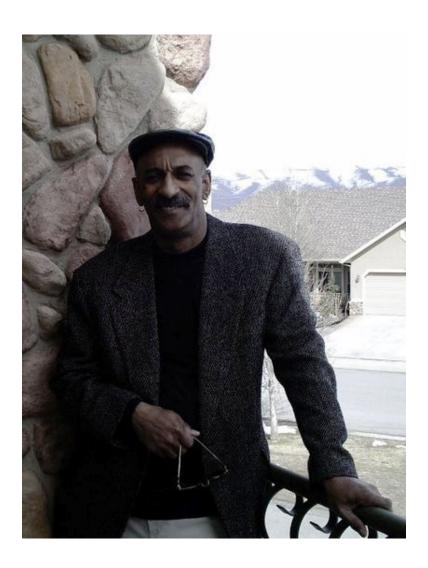
those faces smiling
are like rhythmic flames in a canvas
the best sketch framed in gratitude—
the father, the mother and the son
with the best colours running through
the symphonic first family picture,
the best moment being treasured,
the best photo of the day
that reflects the goodness
of the Great Almighty.

Euphoria 10.17.2017

For today, you can see his tiny fingers
So gently closed,
His baby scented, milky blue-white striped socks
Invite tender loving care...
The second day we meet,
You are asleep, as we welcome you home,
You're in the arms of your loving Grandma
as I lift the big umbrella,
Those chinky little eyes
are like reviving innocent crepuscular rays,
and when I see your face,
it carries brimming galaxies.

Wissiam S.

Peters Sr.



Bill's writing career spans a period of over 50 years. Being first Published in 1972, Bill has since went on to Author in excess of 40 additional Volumes of Poetry, Short Stories, etc., expressing his thoughts on matters of the Heart, Spirit, Consciousness and Humanity. His primary focus is that of Love, Peace and Understanding!

Bill says . . .

I have always likened Life to that of a Garden. So, for me, Life is simply about the Seeds we Sow and Nourish. All things we "Think and Do", will "Be" Cause and eventually manifest itself to being an "Effect" within our own personal "Existences" and "Experiences" . . . whether it be Fruit, Flowers, Weeds or Barren Landscapes! Bill highly regards the Fruits of his Labor and wishes that everyone would thus go on to plant "Lovely" Seeds on "Good Ground" in their own Gardens of Life!

to connect with Bill, he is all things Inner Child

www.iaminnerchild.com

Personal Web Site

www.iamjustbill.com

Remembering Thanksgiving

i sit here in this quiet place remembering when my brothers and my Sisters were children and the hustle and bustle that went along with the times

there was the Thanksgiving Day Parade with Lit's Brothers and John Wannamaker ushering in the Christmas Season and the expectations that went along

we did not know of commerce then nor do i think we would have cared for to us, Santa Claus was real it did not cost us nothing but a few weeks of good behaviour and plenty of prayers

after the festivities of the marchers and music and the band and clowns and flowered floats we made our way back home

Cranberry Sauce and Turkey

i remember the smells in the entire neighborhood for everyone had the same agenda we could follow the fragrance of basted Turkey and Stuffing from the time we got off of the 11 Trolley,

down the street and straight to the Dining Room

"Wash your hands!"
i still hear those words
of instruction
with a slight tinge of demand
coming from Pauline's mouth.
Mom

Apron tied around her waist hair all over her face as we took our place at the table

Cranberry Sauce that was what i wanted

As time went on and we grew up to go our separate ways the same scene played again every year only these times the roles were reversed we now were the parents telling and yelling "Wash You Hands"

We so loved the preparation from the shopping for the fare to the when we prepared for this glorious day

Turkey, Stuffing, Greens,

Corn Pudding, Macaroni and Cheese, Corn Bread & Rolls Sweet Potatoes and let us not forget Cranberry Sauce

Yes, those were the times

So, now here i sit in the quiet reflecting on those times

Mom has since crossed over as did Virisa, the Mother of my 8 Children and they now have their own agendas

My oldest 3 daughters are now playing the roles them selves for their Mother Janice lives in a different State and she gets to play Grandmom you know, an advisory role, Director of the script

there is no one around, but i am thankful for my Sister Cindy for she included me this day in her play and brought me over a wonderful plate filled with wonder and good food

but she forgot the Cranberry Sauce but that is OK 'cause i have a half of a Sweet Potato Pie she baked and i am going to sit down and pretend to be a Turkey and stuff my self

yes, i am remembering Thanksgiving and those moments i will not let go

the quiet takes a bit to get used to even after all these years but as i said i remember thanksgiving and i am thankful to have had . . .

i give thanks

i carefully laid my burlap sack upon the earthen floor of our home preparing my self for escape

our bellies though not full did not complain for the gruel abated our misery

i humbled my spirit
of the day
into the realm of reverence
and i gave thanks
for again
i have made it through

my parents could not afford
a padded mat
for sleep
for us children
and i at times
cursed our circumstance
wrongly
for they still slept
upon Mother's nakedness

soon the new day will be calling and we knew what that held for us

we have learned to smile in the face of the day and we embrace the sunshine with joy

and we smile for God is speaking to us too

we have come to trust in our destiny
and we held to our hope
that some day...
we would have a mattress
with a pillow
and blankets
to stave off the coolness of night
and perhaps we will go
to the respite of the night
with full stomachs

but in the mean time
i am grateful
for what little we do have
and i am open to receive
what may come
for anything that does come about
represents increase
and an opportunity
to give more thanks.

i give thanks

Thankfulness in the fields of the Lorde

God has stayed my hand when i could not helped me to remember the blessings i forgot slowed my pace when i was ready to trot to a quasi wizened man from that innocent tot

i was hungry and i was fed i was lost and i was led a spirit of loneliness to spirit wed with a certain peace i lie upon this bed

there's a beauty contained in each moment of each day through my despair He makes a way i am Blessed and Blessing is what i say the life i choose i'm a child play

in the fields of the Lorde

World Healing, World Peace 2018



www.worldhealingworldpeacepoetry.com

Submission Guidelines

1 Poem

Microsoft Word Attachment (NO PDF's)

12 pt. Times Roman

Titles Underlined

Single Spaced Maximum 30 lines

Picture of Poet (no avatars or icons accepted)

Biography 50 words or less with maximum 2 Web Links

Submit to:

worldhealingworldpeace@gmail.com

Submissions open from September 1st ~ December 31st, 2017 Publishing for International Poetry Month April 2018

www.worldhealingworldpeacepoetry.com

Project Manager: Gail Weston Shazor Underwritten by Inner Child Press

Now Open for submissions until December 31st, 2017

November 2017

Features



Kay Peters
Alfreda D. Ghee
Gabriella Garofalo
Rosemary Cappello

Kay Peters



Kay Peters' poems have been published in Apiary, U.S. 1 Worksheets, Philadelphia Poets, Mad Poets Review, Philadelphia Stories, Schuylkill Valley Journal and the online journal Word Gathering. She is a recipient of the Petracca Family Award presented by Philadelphia Poets.

Kay is a registered nurse, a former Oncology Clinical Nurse Specialist who now practices as a parish nurse in her church. Kay is a wannabe gardener who spends more time pulling weeds than growing the flowers and herbs that she loves.

RESURRECTION

After Prison Uprising at Qala I Jangi, Afganistan by Alex Perry and Dodge Billingsley

They seem to take for granted their spring miracle,

journalists report an uprising of Taliban prisoners, those turtles on the log warming the sculpted stone of their shells.

an airstrike screams in— misses its target

I want to take for granted the sun after winter, gunfire and explosions fill the night, instead I wonder when it is time for them to descend into darkness.

in morning bodies litter the compound—

as they breathe a sigh of bubbles that rise like pearls to the surface,

rocket propelled grenades fired into the prison are they aware that their night is not forever?

oil is poured in and set on fire,

What knowledge can they have that they will rise from their cold beds?

the prison is flooded with ice water — Taliban surrender.

They do not know about the death,

"You can't just push a button to end this... you have to look the men in the eye that you are going to kill",

the stone rolled back—the grave empty.

OUR TOWN'S MEMORIAL

A blackened girder twisted like ribbon stands at the center.

Touch it.
Does it shudder
with the impact?
Can you feel the heat
of jet-fueled flames?

Move closer. Can you hear screams and prayers as the steel skeleton falls to its knees in a cloud of toxic dust?

MISINFORMATION

They said after black-winged words fledged from the mouths of the powerful.

We scarcely noticed when shadows fell across our tables and power lines sagged beneath the weight of deceit.

Then we heard the harsh caw-caw and felt cold wind stirred by frenzied wings,

And when we looked mourners were gathering like dark clouds on the horizon. Ælfreda D.

Thee



My name is Alfreda Ghee. I'm an Author, poet a friend to many and most of all a mother of 2 amazing sons. I run my own home daycare in hopes to providing a safe place for kids of all ages. I live life to the fullest and appreciate all things life has to offer. I seek to provide a positive light in my life and my family and friends lives. Living life is to give love to all things, beings and creatures God have created and will create. To know life is to appreciate living and to have Lived, life is to Love what you know and what you are willing to learn and change in your life first and in others lives in a positive direction.

Kisses

Your last kiss
Was like your first kiss
It lingered in mind
Sent time sprawling into a whirl wind
Into deep space
As my thoughts raced in hast
To understand the demands of emotions formed...

Your last kiss
Was like your first kiss
On my collar bone
It sent shivers down my spine
Time went rewind and came and came to a stand still
As my mind flooded with visions of impurities
My senses were heighten
And full of life....

Your first kiss
Was like your last kiss
The earth stopped spinning
All existence was no more
The heavens opened
And the angels song a song of glorious expectations
As my mind was frozen in time
I couldn't verbalize
The tidal wave of emotions over riding
My insides,
My soul
My entire being

Leaving me stunned From the realization that time has become undone All because of your first kiss being our last.....

Fear

His soul aches for its missing link It hears no sound Except the beating of its own thoughts It sees only his breath in the air As if it was a cold winters night..

Life seems to slow down
The earth doesn't move under his feet
It pains him..... Because
The chirping isn't heard from the birds
Laughter isn't heard from the children at play
And the good things didn't last...

All the while death, darkness and rust Has corroded his surroundings Trying to drain his life force Torn between two halves of right and wrong His soul has slumpt and turned to coal...

Fighting to return to an existence
Of being whole
Not sure of the path he has chosen
Shaking in fear
With tears streaming down his face
Because he knows an intervention of his relapse
Is needed...

To open his heart to the light he imagines is in the distance Not able to touch nor feel its warmth
His soul has gone cold
Waiting for him to reach out and claim the truth
That the darkness only came
When he set his soul on the back of the shelf
To search for a missing link he never lost......

Secrets

My tear stained pillow is heavy It tries to disguise my thoughts It holds the secrets of my dreams Filled with disdain and shame..

My emotional mattress
Is over loaded with disgust and miss guided trust
That's flustered and stained
From being used and abused..

The comfort of my covers
Don't engulf my securities and make me feel safe
It houses my insecurities
The unrest and unjust
They are left within the sheets
Where my secret identity is held for keeps
As it seeps through and question my judgment
To my surprise the walls keeps it all
While the fan blows it all in the wind....

Gabriella Garofalo



Born in Italy some decades ago, Gabriella Garofalo fell in love with the English language at six, started writing poems (in Italian) at six and is the author of "Lo sguardo di Orfeo"; "L'inverno di vetro"; "Di altre stelle polari"; "Blue branches".

Blue

A blue Ukyyoe walking in a haze, We are crossing a fleeting border where they wave 'Hello' Out of the blue and you judder, so lost in your thoughts On the latest fad, guys giving shape to steel, words, clay, Whatever, they call 'em artists, right? Now listen to this, and no, I kid you not, As soon as the job's done they jump the border In a trail of blaze -Maybe fire, though life sticks to her blue and says no -Those dreamy la-la landers! What? Love, mercy, compassion? No, afraid you can't grasp such exotic idiom If a necropolis of Etruscan smiles, your soul, Is waiting for the sentence -Yes, tonight and don't you dare kid yourself Stars can help, they're idling time in crumbling mansions Where they give out light for free -But he's standing still, Hesperus too scared To let his love glide over the Moon -Go, I shout him, go, you jerk, For the light of regret lurks white in the corners, Don't let her light up your house, Whatever left behind goes pouf and you, winter, You rotten season stop with your deaf twilights, No sign language here, I can't talk, Get rid of them, quick, chatting with Hesperus and the Moon Got my goat, and I'm dying, I'm dying I say For fresh words, dancing gabs, And I'm no match-maker, you know?

Oh, and those bells chiming at mid-morning or eventide, How do I feel for the Angels moaning When those meddling sounds
Make their chords a cheap medley no one listens to,
Why don't they stop it? That, and the pewter scud
Banking over the sky like an obsessive father But no they say, no, and the Moon too says no
To the evening star Of course, if she isn't already dashing
To some secret lover for a bit of whoopee.

Afternoon Madness

I know, they call for a price Your breath the very sec you wake up, Every dawn a bloody toddler screaming For Mummy to give him food -The day the vet had killed a feral cat The doctor told me to avoid stress, bright lights, Even life if I could, 'cept I had no one To stop me from walking on, The cars from speeding up, The sparks from kindling minds -'T was then it dawned on me How wicked is an afternoon's madness, But short on words to nice up dreams, On fearful ravens to warm to my days, I flung my soul to the sky like a falcon Spurting fear over windswept hills, Blind to the moon who looked As a five-something child had doodled it -Shame she was so helpless Against the dark nicking death from sneers and maids -Wait, no death of course, as my soul told me once back, Only a frosty ground where life kept growing And didn't I like the earth With her golden heart and fruits aplenty? Man was I feeling dizzy from anger and noise, Yet I made it, I got it, but I hadn't the foggiest, It simply grows, innocence, a sorry lack of wit, darkness? Oh I almost forgot, you ever noticed Young couples in love always sport A maudlin smile when snapped together? What do you think? Bit of a drag I'd say, But of course I might be wrong.

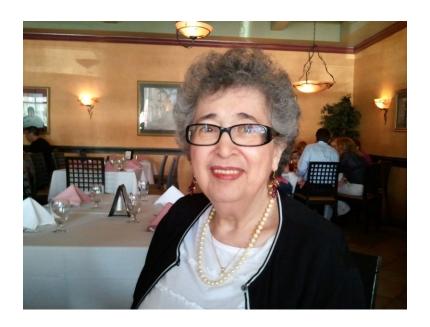
Spring

What can spring do, But scolding butterflies when they act funny -High on wind or flowers? Maybe, or so I heard Some fretful goody goodys whisper While I was waiting for the manager To ask who gave me that bloodiest gift, Birth: Was it a scam or a sudden whim To get rid of damaged goods, my soul? And don't get me started on those letters, Words, words, the chief mourners in a grim look, 'I'd like to help, but am bit skint', this 'Sorry I can't lend you bit o' dosh,' that -Smiling waves and muah muah over Off to delis or a fashion boutiques, Dinners and parties the very soul of life, Don't you know? No, you don't -O sweet inconsistency, my precious charade, Don't ask why pewter skies worry me, I've always lived winters as fussy managers In charge of storms, dark and frost, Or conjurers dying to blast us With gleeful sunny spells -But I don't do that business, no answers for me So I collect green bits of hope, Green hankies and scraps of paper, Only they hold a grudge against God, His fields, his dandelions, An icy stare the only help I get, I feel lost, what else, and avert mine -And yes, that's where I live,

Where April winds slay windmills and kites -They tee him off while he's mooning At the TV screen; And yes, that's where I live, Where August heat shuts up the music -Don't stars need silence to pray; And yes, that's where I live, Where October sun gathers a bevy of pundits Who tell us how and what to think, See their groupies stumbling over the stilettos After boozing it up? Time to listen now, you, first lovers, You, spooky jeans-clad bimbos, You, witches incognito or vixens in disguise: All rookies, OK, but saving the tree of life? Sure, it's old, eternal, at risk, But, really, newbies meddling in such dicey jobs? Why the heck you got muddled in that screw-up? Adam, Eve, look at your kids, Madness and poetry hassling a plump lady Waiting for her coffee -Oh, it's me among season fruits, treats and threats, Before the fall, a ruthless cobalt blue, The wrath of wandering lights, Maybe the look of drifting -'Today the light is dancing around you' Goes all chirps a socialite wannabe writer -Sorry? Beloved, if I get it fine, The light whenever the hand Strikes dead the soul.

Resemary

Gappello



Rosemary Cappello is a writer/poet Rosemary Cappello lives in Philadelphia, Pennsylvania.

Rosemary is a Poet, Writer, Watercolorist, and the Editor of "Philadelphia Poets".

She attended at Widener University and is a graduate of the Class of 1983 where she studied English/Creative Writing and Anthropology. Rosemary also wrote film reviews and interviews for "The Dome" in Chester, Pennsylvania

ODE TO A DEAD WISTERIA

Your trunk so mighty remains like a human torso withered with age. This spring, your trunk has not grown the arms of floral branches, no fingers of vivid, splendid aromatic blooms.

Just a twisted trunk with thick thighs that curve down to crawling legs where—who knows? a nanogram of life could be contained, could burst forth again.

Till then, there you are, o once glorious wisteria, like a Greek god decapitated and deflowered, and yet, still glorious.

The Nurturer

I often wonder how he grew to be so nurturing, the way he took all people into his comfortable arms, cooked Russian peasant meals for friends and family.

He'd received no tenderness from his mother, referred to her as a "neurotic invalid" living in another world. As for his father, he was

a rough and brutal man, starting from the early morning hour when he shouted his children awake, sending them to work in the family business before school started.

My friend was different from his parents. Never got angry. Never judged others. He'd say a mean person was "more to be pitied than censured."

That seems like a lyric from a 19th century song, humorous-sounding to our later times, but he said it from deep thought,

applied it to his parents, understood and forgave them, grew up to be a nurturer.

FOR MY FRIEND, DYING

I think of how people who are still Catholics—and even some who are not—

will send sacred objects to someone who is ill. Not having them on hand

I would search the world for them for you—

a splinter of the true cross, a sliver of a great saint's bones, St. Rita's oil, Lourdes water; fragments and vials of blessed objects

meant to heal the sick. But I can just hear you dismissing this idea.

I wonder about those who discarded their crutches at Lourdes—

did they walk, run, jump, hop for the rest of their lives after being crippled,

or was it just that one moment of ecstasy, lifting them above their mortal state,

making them feel whole: that shout of joy, that feeling of wellbeing lasting

but a moment. Were they photographed in that one brief second and the

word spread that they were cured, or were they really healed for all time?

When not feeling well, I sleep with my rosary beads, the ones

my sister Jo made for me, with a special crucifix and Blessed Mother medal

she chose specifically for me. Pink beads. They console me, and I remember

when my sister Jo couldn't speak anymore, she began tracing words in the air.

My son Joe gave her paper and pencil and she wrote "I love you so much."

In her last moments, she spoke not of pain, nor the vast incredulity of death,

but of love. That memory is better than a thousand prayers, the depth of her love.

And I imagine in those images our friends bestow, there is a certain love:

something so intense that they offer it to bring back health and extend life:

see, here's a splinter of the true cross. Here's a bone of St. Monica. Well,

a sliver the size of a dot anyway. And a drop of oil to be rubbed on the diseased part,

a drop of water. Believe, not in the cross, the bone, the oil, the water, the bead.

Believe in our friendship, our kinship. Hold my hand, the sacred relics

at the center of our joined hands. Live.

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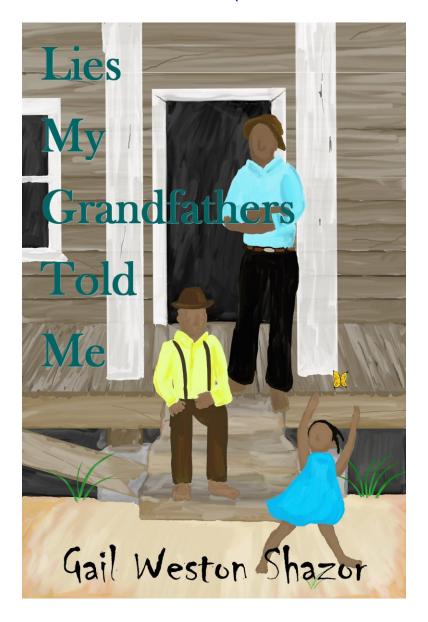
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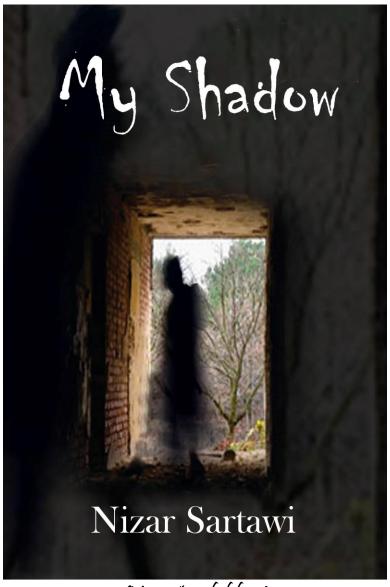
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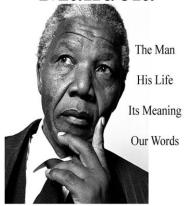


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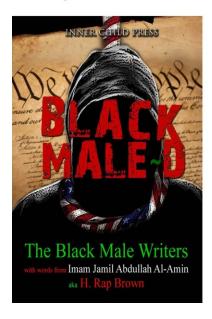
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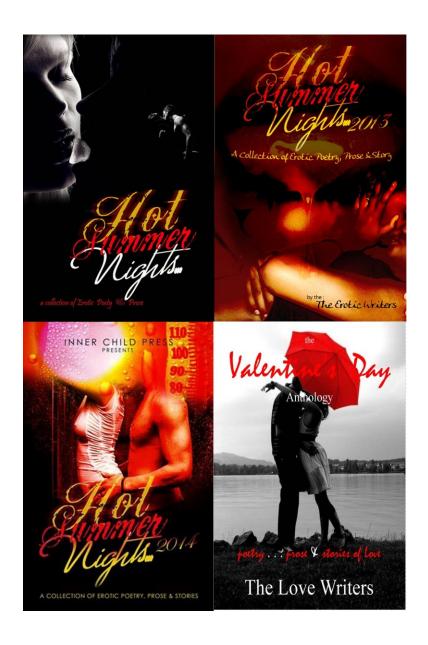
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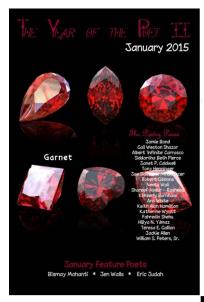


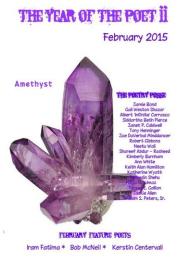
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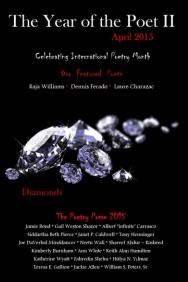
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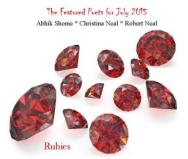


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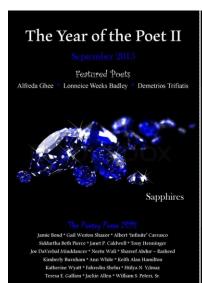
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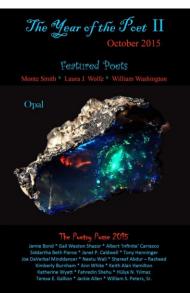
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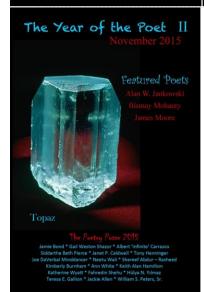


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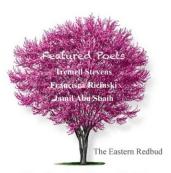


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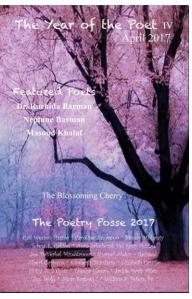
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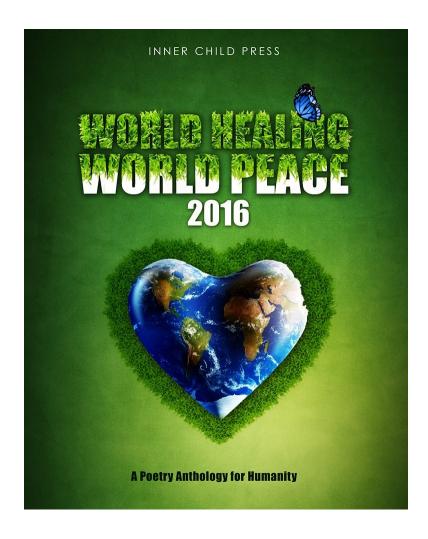
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