# The Year of the Poet III

November 2016



Gail Weston Shazor \* Caroline Nazareno \* Jen Walls
Nizar Sartawi \* Janet P. Caldwell \* Alfreda Ghee
Joe DaVerbal Minddancer \* Shareef Abdur — Rasheed
Albert Carrasco \* Kimberly Burnham \* Elizabeth Castillo
Hülya N. Yılmaz \* Demetrios Trifiatis \* Alan W. Jankowski
Teresa E. Gallion \* Jackie Davis Allen \* William S. Peters, Sr.

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**The Poetry Posse** 

inner child press, ltd.

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#### **General Information**

# The Year of the Poet III November 2016 Edition

#### The Poetry Posse

1<sup>st</sup> Edition: 2016

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# WHAT WOULD FE WITHOUT A LITTLE OF TRY?

# **D**edication

This Book is dedicated to

Janet P. Caldwell

Poetry . . .

The Poetry Posse

past, present & future

our Patrons and Readers

the Spirit of our Everlasting Muse

R

the Power of the Pen.



# Janet Perkins Caldwell

## Rest In Peace

February 14, 1959 ~ September 20, 2016



# Preface

#### Dear Family and Friends,

It has been a little over 40 days since the transition of our dear and beloved Janet. We do miss her so much. There have been many projects that we initiated together as directors of Inner Child Enterprises. This would include Inner Child Radio, Inner Child Newspaper, The Hour of Power Radio Show, Inner Child Magazine, Inner Child Press and of course The Year of the Poet along with Jamie Bond and Gail Weston Shazor. Be mindful that the commemorative anthology about Janet is now available at the Inner Child Press web site on Janet's Page.

Since January of 2014 we have published an offering each and every month. This year we also included an Valentine's Day anthology to complement our efforts. Over the years we have featured many poets from all over the world. We feel this effort assists in bridging the gap amongst us as a humanity as we showcase not only our core members of The Poetry Posse but other voices as well.

We now are poised to enter our 4th year. We are so excited as we continuing to move forward. I also wish to thank all of The Poetry Posse members past, present and future and the myriad of features who have shared their words.

I give you my love . . .

Bless Up

Bill

DS

Do Not forget about the World Healing, World Peace Poetry effort.

Available here

www.worldhealingworldpeacepoetry.com

or

I want my poetry to . . .

For more finite information, please visit:

www.innerchildpress.com/i-want-my-poetry-to-volume

For Free Downloads of Previous Issues of The Year of the Poet

www.innerchildpress.com/the-year-of-the-poet

# Foreword

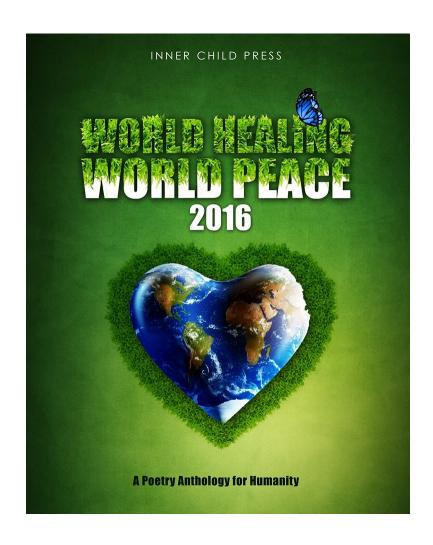
As we head towards the beginning of the fourth year of the monthly The Year of The Poet, I am grateful for this community built by wonderful poets and even more remarkable human beings. The poetry created in this collection serves humanity, uplifts spirits, tells it like it is or at least how we see it, stirs emotions, shares diverse ideas, and births an abundance of love into this world. We are attempting to create a better place to live and work and play with our poetry.

Last month we lost a magnificent poet and one of the kindest, gentlest souls on this earth. Janet, you are missed. We will continue to strive to bring sense to the tragedies in this world and inspire those around us in kind and gentle ways to foster peace and love and health for all people.

Poets see the world in a unique way—through our hearts and minds, through our connection to words and people, and through a keen ear listening for bright spots, turning phrases, and what matters most. To the reader we say: read our words, listen for what touches you or inspires you to be a better person. Grow and love more than you ever thought

possible. The world is an amazing place. We welcome you to share in this creative wonderful world.

Kimberly Burnham



Now Available at . . .

www.worldhealingworldpeacepoetry.com



Now Available

 $\underline{www.innerchildpress.com/janet-p-caldwell.php}$ 

## Thank God for Poetry otherwise we would have a problem!

 $\sim$  wsp

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Poets, Writers . . . know that we are the enchanting magicians that nourishes the seeds of dreams and thoughts . . . it is our words that entice the hearts and minds of others to believe there is something grand about the possibilities that life has to offer and our words tease it forth into action . . . for you are the Poet, the Writer to whom the Gift of Words has been entrusted . . .

 $\sim$  wsp



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Poetry succeeds where instruction fails.

~ wsp

Gais
Weston
Shazor



This is a creative promise ~ my pen will speak to and for the world. Enamored with letters and respectful of their power, I have been writing for most of my life. A mother, daughter, sister and grandmother I give what I have been given, greatfilledly.

Author of ...

"An Overstanding of an Imperfect Love" &

Notes from the Blue Roof available at Inner Child Press.

www.facebook.com/gailwestonshazor www.innerchildpress.com/gail-weston-shazor navypoet1@gmail.com

#### Katalambanō

"to lay hold of so as to make one's own, to obtain, attain to, to make one's own, to take into one's self, appropriate"

It's often we overlook the story To see the storyteller False teeth in his pocket So they don't go rattling in his head Rainboots, overalls and a rainslick It's easy to smile at this Imagining of a doddering old man Perhaps senile We really don't see what we see An earnest man with his beliefs Without the trappings of What we believe we need To run this race well Money cannot overcome the spirit As light cannot overcome darkness There is no stamp on The back of his neck Left from a mold That says "made in China"

#### **Ministrations**

Senryu in 5 parts

Hold my hand in yours
There is never a wrong time
For it to be right
I welcome your touch
Especially after not
For so very long
It is in this time
Of many middling moments
That I look for you
And as you look too
It is still doing something
Let me ease your work
It's in the split place
Of calluses that create
A fearless new life

#### Grandad

The water splashes in the basin Poured carefully Whispered prayers lap at the edges Of the warmth Arms held aloft in waiting For the cleansing Eyes closed against the grace Of being touched in love The gentle cooing of lotion On skin stretched by years Anoints the glances around the room And we wait in silence For yesterday's troubles to dissipate For the wisdom that you often Wish to share between your rest And to be in your presence Is our blessing

#### **Native Sonned**

for Kent Bernier

"Come and tell them What your father say" And I listen to the lyrical voices Of my old men Sitting in the shade of old trees Their hands slicing the air In the knowing that some words Have become futile In the repeating Because they had been said Time and again No today and no tomorrow And they speak slowly With lemongrass branches flicking Through the heavy heat They say that these don't understand Any more than the ones before So we will send ours that Is near the color of this people And they will not be afraid to learn him So that he will know the words of understanding And prayers were said over me Protections asked for my safety And I was sent away on promises My shoes with hard English man soles Hurt my feet and Their words were sterile and harsh When stuck behind my teeth And with the old woman Singing to the sea I would sleep with the taste of saltfish On my tongue until the tongues Became easy

And my mango colored skin
No longer glowed with sunlight
It was then that I knew I could speak
So that they would hear our voice
But I would trade a hundred Babylons

To feel the warmth on my head And the sand of home on my feet Janet Perkins Galdwell



Janet P. Caldwell has been published in newspapers, magazines, and books globally. She has published 3 books, 5 degrees to separation 2003, Passages 2012, and her latest book Dancing Toward the Light . . . the journey continues 2013, and contributed to countless anthologies. She was in the process of currently editing her 4<sup>th</sup> book, which was written and to be published 2016. She also participated in a video project for the BBC. All of her Books are available through Inner Child Press, along with Fine Book Stores Globally.

#### To contact Janet

#### www.janetcaldwell.com



In the darkness of my life
I heard the music
I danced . . .
and the Light appeared
and I dance

Janet P. Caldwell

#### 1949 ~ Marking Benches

Trying so hard to convince, Those who were older, wiser (???) While we sat down to a lovely meal... Bowed our tattered heads. (Drunk as dogs)

All the while knowing they Would win. (Who?) When, the Question forever burned. So deep into our family background, (Moral fiber)

Bubbles, bloody-crud ~ God Let me go, won't ya??? I've been on that lonely street, Far too long. (he said)

Slept in every grave, Many breaking benches, maybe you'll sit Still one day? Maybe not, Old Spice is lookin' at you and me!!!!

©2002 Janet Caldwell

#### A Day in the Maze

When did it turn into a race?

This last stretch has been
Exceptionally hard, we're short of breath,
Cramping, stumbling.
God, doncha just want to turn
Around, go back, walk off? I don't
Think that you can, neither
Can I. Got to cross the finish line.
Just stubborn,
Both of us.

I've got to admit though, it
Feels that we've bitten off
More than we can chew. Spittle flying,
Jaws aching, throat tight...
I'm so tired. I don't like marathons
Or sprinting. I'm not used to running
Hard. The prize is huge, just ahead
Maybe within our reach.

Could we walk awhile or Just rest? Would that be okay? I heard a rumor that the race For the cheese is over. The rats won.

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#### Amnesty

Gaping through hollow eyes
Sockets deep, body as gaunt
As any refugee.
The jutty ribs you can count
Like veins in a tree's leaf.
Wretched pain, a tooth pulled
With no anesthesia, the poison falling out of
Her head, down an uninspired cheek.
Malaise brings a familiar comfort
She can feel something, though
She's dying and the world sees her captor.
Condemned by him, her character discarded.
Lost and forsaken, replaced.
Punished for imagined crimes,
Dislocated like an émigré.

Feeling inadequate as usual...
That warden! Who is he?
Would she live to tell the tale?
His intentions just before her untold,
Though vivid, answered by
Piercing dream screams. Empty and starved for
Forgiveness, with no absolution in sight.
Denial.

This puppeteer had stumbled across her twine "I'll save you, mold you and feed you leaves. You'll do as I say; you'll owe me your life." She does.

She mimicked his ways, adapted to eat, But the leaves were desiccated and weak. She was choking and gasping As his dutiful wife. Thoughts of suicide danced on her brain.

There has to be a way to end this life. She looked in the mirror And wasn't sure who she was. A disillusioned face looked back, As gray as a dove. Excuse me Madam have we met?

#### Conclusion

With liberty and nourishment in mind, she
Made her plan of escape, Tossing caution aside...
She glanced at her keeper in his wicked eyes. Then
Turned and spun on her heels, without a goodbye.
While in the market one day,
A man with a cart full of
Acquittal, brushed alongside her,
Patient and loving, he satiates her hunger.
She's fat and sassy now,
He taught her to eat.

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Jackie Davis Assen



Jackie Davis Allen, otherwise known as Jacqueline Allen or Jackie Allen, grew up in the Cumberland Mountains of Appalachia. As the next eldest daughter of a coal miner father and a stay at home mother she was the first in her family to attend college.

Graduating from what is now Radford University, with a Bachelor of Science degree in Education, she taught in both public and private schools.

Residing in northern Virginia, she revels in spending time with her husband in their get away home in the Blue Ridge Mountains, a place that evokes memories of days spent in Appalachia.

A lover of hats, she has worn many. Following her marriage to her college sweetheart, and as wife, mother, grandmother, teacher, tutor, artist, writer, poet, and crafter, she is a lover of art and antiques, surrounding herself with books, always seeking to learn more.

In 2015 she authored her first book, a collection of writings penned over the past decade. Well received by family and friends, both near and far, her book, "Looking for Rainbows, Poetry, Prose and Art is available from her website jackiedavisallen.com or from innerchildpress.com

#### Last Night, and Early into the Morning

I looked over my shoulder and like a rich man I saw what I did see; I saw the sun, the moon, the stars and opportunity~they always following me, waiting for my beck and call.

Like a beggar, I looked back at the years, and saw little evidence of the hopes, the dreams that once kept my candle burning bright, that kept me in good company, kept my spirits high.

I looked over my mistakes and like a mentor, inquired if dreams shattered into star dust are held by serendipity. And I wondered how might I unlock this long held mystery.

Like a good student, I chose to shake off the dust from my feet and to create my own destiny. Never again will I fear the edge of time nor those who try to limit me.

#### A Patriotic Song

Across the land our people have grown old and weary. With warring winds, raging fierce and resolute; we are disappointed in our leaders, finding it difficult to be merry.

Descending from an honorable line and armed with faith and belief in God, we were raised to pray the Almighty to keep us from harm, and to praise Him whose name is Love.

Hard work, strong ethics, independent, we must with intellect, muscle and brawn, discipline ourselves, and in God place our undying trust that we might live to see better days.

Chores done, supper over, fervent prayers said, at the close of day we confess our sins, forgive others, thankful that we have earned our daily bread, that we live in the land of opportunity.

With roots embedded deeply in the soil from one end of the county to the other, we honored our heritage; from hard work we've never recoiled; proud were we to have calluses on our hands.

How different the times are today, and yet the same. Evil reigns when the brave relinquish their arms; when the free bow to evil's name the people forget to whom they belong.

May God bless our country. God bless the USA. To her sons and daughters who've paid and are still paying the price we say, This is our song, our patriotic refrain,

We shall never ever cave to the tyrants of evil.

#### All the Difference

They came, neither on horseback nor on foot but to the mountains they came to heal hearts and souls, bringing with them, gifts overflowing, gifts of peace, love and forgiveness.

They ministered in the neighborhood, in the schools and in the houses of worship; wherever they went, they led by example. They served sacrificially, untiringly.

They visited us, welcomed us, invited us into their home where we sometimes sat primly, sipping tea and learning something of the world's social graces.

They lived what they preached; the truth and the light they followed both day and night. And to this day, I can truly say, with thanks, they made all the difference in my life.

Ashert Carrasco



I'm a project life philanthropist, I speak about the non ethical treatment of poor ghetto people. Why? My family was their equal, my great grandmother and great grandfather was poor, my grandmother and grandfather, my mother and father, poverty to my family was a sequel, a traditional Inheritance of the subliminal. I paid attention to the decades of regression, i tried to make change, but when I came to the fork in the road and looked at the signs that read wrong <> right, I chose the left, the wrong direction, because of street life interactions a lot around me met death or incarceration. I failed myself and others. I regret my decisions, I can't reincarnate dead men, but I can give written visions in laymens. I'm back at that fork in the road, instead of it saying wrong or right, I changed it, now it says dead men <> life.

Infinite poetry @lulu.com
Alcarrasco2 on YouTube
Infinite the poet on reverbnation

#### **Infinite Poetry**

http://www.lulu.com/us/en/shop/al-infinite-carrasco/infinite-poetry/paperback/product-21040240.html

#### Infinite

My poetry should be read to new born ghetto babies like lullabies so they can remember my words as they grow cause I swear that I hit the block right after the stage of hasbro. Mommy daddy recite that piece from infinite the poet... Okay son.. His vision of happiness was chasing money, being a drug seller or gun runner, anything to keep his pockets full he did for Capitol, at sixteen he got shot twice, he took two for his team, in the emergency room he laid there like... Damn all this for that cream >>>>>>>> you know how sad it was for him to see the children of his fallen soldiers grow up without their father! well his father died when he was twelve so died his childhood, so therefore his outlook on life to him was very sadly understood. The end. Wow thanks mom dad I don't ever want to go through what him, his friends and fam went through, I always remembered his words but they sound so much better coming from you, you give it that umph. I feel his words son so I recite with emotion. He uses his spoken truth to save the youth, so we figured we'd memorize his lines to save you from lies. Have you ever met him mom dad? No but I can tell you I feel like I know him, why? Every word from first to last paints a similar picture of my past.

#### Them

They knew each other since they were kids, they were inseparable. What one did they all did, the bond was incredible, they had such a harsh come up, for any of them to be alive is nothing short of a miracle. They popped off together, got topped off together, got locked, shot, stabbed and did numbers together. Their life was devoted to the hustle. It was a twenty four hour grind, dollar signs were in their eyes and gimmicks to continuously reign in the game ran through their mind. Gauze, tape, cast and stitches are tribulations of the trade in the pursuit of riches. Hurt, pain, death and incarceration correlate with pyrex wishes, on the surface of hell that glass was a wishing well, It wasn't penny's, nickels, dimes and quarters that got thrown in the water, it was 0's, 62's and 125's of powder mixed with arm & hammer to make life better. Life got better for them but it didn't remain like that, one by one a majority got sent back. The ones that got lucky to survive remained copping Caine, it's all they knew, back to the block with a smaller cru with the same quest to leave their family millions before being laid to rest. In the end... Some stood together and the others are looked at like strangers.

#### Thanks giving

This is the month where family and friends from all over get together and sit at the table and enjoy a feast of our culture with one another.

Turkey is stuffed and being baked, white rice, yellow rice with peas, potato salad, macaroni salad, avocado, cranberry sauce and all sorts of pies and cakes.

The traditional Spanish seasoning aroma fills every part of the house... Adobo, sazon, sofrito y recaito and other herbs and spices hand delivered straight from Puerto Rico.

The foundation is handing out secret recipes, you see great grandmothers in the kitchen with their daughter and their daughters daughter getting taught cooking lessons.

A few generations of men are in the living room buzzed on coquito banging on bongos thinking they're el gran combo. They ladies holler.. dinner is ready! Everybody runs to the table and a prayer is said before the food is fed.

# Loe Da Verbas Mind Dancer



Joseph L Paire' aka Joe DaVerbal Minddancer . . . is a quiet man, born in a time where civil liberties were a walk on thin ice. He's been a victim of his own shyness often sidelined in his own quest for love. He became the observer, charting life's path. Taking note of the why, people do what they do. His writings oft times strike a cord with the dormant strings of the reader. His pen the rosined bow drawn across the mind. He comes full-frontal or in the subtlest way, always expressing in a way that stimulate the senses.

https://www.facebook.com/joe.minddancer

#### I'M THANKFUL

I'm thankful I'm not running for office My past is tainted but not awful Dirty laundry is the flavor of today My life could be ruined by what someone says The facts my come later but the damage is done No one has a clean slate, so I'll choose not to run

With that being said, I must vote for someone else I must scrutinize the candidates I must analyze their debates
All I get is their dirty laundry, but wait
I'm getting old and on the verge of retiring
Social security is downward spiraling

I'm thankful for now, but time is an issue I may have to work myself to death Due to some political miscue Clear choices in politics I miss you

So I'm thankful for today and pray for tomorrow I may be forced to lose it all, but there'll be no sorrow I've cast my vote before I've been broke before I've seen politicians hauled off in cuffs before I'm thankful my faith is based on so much more

#### **COUNT DOWN**

One of you is tried and true
One of you hasn't a clue of what to do
Both of you have dealt with sexual adversity
One of you, are filled with sexual perversity
One of you sucks, universally
Both of you speak on and off the record with uncertainty

Party dishes dirt Party dismisses work Party twerks with a TMZ mentality Party clouds the true reality

One of you is trying to serve a purpose
One of you is exposing the system as worthless
Both of you have votes you've purchased
One of you will fall short of what's expected
One of you may very well get elected
Both of you are suspect, but what the heck

Party dishes dirt Party dismisses work Party twerks with a TMZ mentality Party clouds the true reality

#### LOST PASSION

You were poetry to me You were art Time within your lines were heaven sent I can barely feel you when I'm near you When I'm away the passion fades I'm feeling forced on a course to nowhere I know you're out there

Waiting

Vacating my mind

I want to dance one final time

Faded glory is not the story here I've made my oars seek the shore you are near I'm speaking poetry here As abstract as my mind is As absent minded to what my heart gives

I know you live in me
Passion found on the ground beneath me
The color of leaves turning so sweetly
Cool morning air, then the rush of heat
Passion tries to speak
Lines from my pen are pending
Love for me is always ending
Thoughts beyond comprehending
What's real and what's pretending
A conversation with the mirror

Did no justice
Maybe I'm clogged up and need some roughage
Passion is a tough kid
I need it back to help me live
My passion has been thrashing like the deadliest catch
Never able to grab a hold always missing the match
This is not an act
I've lost the drive
The passion is the only thing that keeps me alive
I've lost it at a cause that just boggles the mind
Passion caught me napping
And I've lost what was mine

Shareef Abdur Rasheed



Shareef Abdur-Rasheed, AKA Zakir Flo was born and raised in Brooklyn, New York. His education includes Brooklyn College, Suffolk County Community College and Makkah, Saudi Arabia. He is a Veteran of the Viet Nam era, where in 1969 he reverted to his now reverently embraced Islamic Faith. He is very active in the Islamic community and beyond with his teachings, activism and his humanity.

Shareef's spiritual expression comes through the persona of "Zakir Flo". Zakir is Arabic for "To remind". Never silent, Shareef Abdur-Rasheed is always dropping science, love, consciousness and signs of the time in rhyme.

Shareef is the Patriarch of the Abdur-Rasheed Family with 9 Children (6 Sons and 3 Daughters) and 41 Grandchildren (24 Boys and 17 Girls).

For more information about Shareef, visit his personal FaceBook Page at:

http://www.facebook.com/shareef.abdurrasheed https://zakirflo.wordpress.com

#### Embroiled in the Big Fiasco

perpetual plots unfurled, endless procession of a\$\$h0l#\$ personified to occupy every waking hour of you and i roll em all out one by one two by two talk about plots foiled devised by a\$\$h0l#\$ to keep us all embroiled in the fiasco me and you no such thing as bad news as long as mass'es being used stay tuned he said, she said another day of being fed pure bull\$#!+ **NEWS FLASH!** orange man grabbed a tit probed an ass when asked said "Why you bringing that up a blast from the past?" and we put down the phone, surgeons in the OR walk out leaving patients alone laying on tables with exposed guts and bones talk about bones lovers loose erection had a shift in affection, instead of willie at attention " will he win the dam election?" NEWS FLASH! orange man grabbed another ass drove by the gas station on "E" forgot to get gas, pay my rent, pay my bills, take my pills, pick up the kids from school the whole dam country acting a fool gone wacko embroiled in the big fiasco now you know that's right don't believe the hype!

#### i struggle..,

first of all with myself, my flaws or what improvements impose daunting task of stripping off the mask expose the real face beneath the fake i struggle.., with lies composed with intent to impose or at least try to sell a false image of normal you know repeat the lie enough and sooner or later they will believe it and folks actually do just that, believe that! is that the best dem that supposed to be the best can do for folks like me and you? hold up one middle finger and tell you it's two all the while say with a smile "F()@k U " and U and U i struggle.., with ingratitude selfish, I'm entitled attitudes my god what's up with you so full of poo walk earth like everything's supposed to come to you ya'll dreamin' yo that's not how ya'll supposed to roll everything you got is " MERCY " a " LOAN " not something "OWED" because nobody 'DESERVES " nothing at best in this realm of life's test what you got is "UNDESERVED KINDNESS " in spite of your arrogant blindness not because your finesse at its fineness or at your disillusioned core feel your royal highness i struggle..,

and that's a blessing we need to take heed and remember he who bestows undeserved kindness also gives us a test, see because this life's not paradise and paradise ain't free everybody wants to go to heaven but nobody want's to die we struggle!

food4thought = education

#### Snatchin..,

fireflies out the sky in the warm summer night hoping they will still glow glorious light even though they were slowed when the snatcher showed. frightened? now you know that's so man just can't leave well enough alone sooo.., i wrote this little poem talkin' bout what we need from now on preserve the beauty of the lands and seas conserve the bounties of birds and bees acknowledge creation's frailties, the sanctity right to be free from fright, diminished rights diminished quality of life extinguish life's light creates difficulty to see right, be right survive through the night to greet the new day say " hello sunrays " reserve the energy to emerge free as a bird flying around up, down from tree to tree enjoying the scenery bird, you sure be pretty have you heard of mercy? allows us to live, free. Free? Free? Free? is freedom really an actuality? or the dream it will be eventually

realm of serenity
the time our eyes are still open and still can see
before they're closed permanently.
something to be said about duty to the things of beauty
responsibility is constructive continuity
as opposed to destructive, indifferent inconsistency
yo brother man, sister women preach to me
let me hear you say..,
(((UNIVERSAL HARMONY)))

food4thought = education

Kimberly Burnham



Life spirals. As a 28-year-old photographer, Kimberly Burnham appreciated beauty. Then an ophthalmologist diagnosed her with a genetic eye condition saying, "Consider what your life will be like if you become blind." Devastating words trickling down into her soul, she discovered a healing path with insight, magnificence, and vision. Today, a poet and neurosciences expert with a PhD in Integrative Medicine, Kimberly's life mission is to change the face of global brain health. Using health coaching, poetry, Reiki, Matrix Energetics, craniosacral therapy, acupressure, and energy medicine, she supports people in their healing from brain, nervous system, chronic pain, and eyesight issues.

http://www.NerveWhisperer.Solutions/

http://www.InnerChildMagazine.com/The-Community-of-Humanity.php

#### Gratitude

All around tragedy and pain craziness and waste still I see the beauty

Gratitude fills my sight
with food, shelter, love and more
I am here
experiencing moments of delight
it is enough

#### Movement Haiku

Death, loss, movement raises up appreciation of life, love, you nourish me

Mad skills stirs heart's flow toward mind's delight sees joy dancing in the life pattern

Edges clear—relationships life death parts of whole you I bonded by movement

#### Keeping Me Young

A new puppy robs me of sleep but fills my life with snuggly joy

A child's tantrum frustrating but creates appreciation I have so much and must learn a new skill to gently remind him of the abundance all around

A changing work place disorienting but lifts me with desire to learn new skills grateful for this day time to study and grow into the future I am lucky to have all Elizabeth

E.

Castillo



Elizabeth Esguerra Castillo is a multi-awarded and an Internationally-Published Contemporary Author/Poet and a Professional Writer/Creative Writer/Feature Writer/Journalist/Travel Writer from the Philippines. She has 2 published books, "Seasons of Emotions" (UK) and "Inner Reflections of the Muse", (USA). Elizabeth is also a co-author to more than 60 international anthologies in the USA, Canada, UK, Romania, India. She is a Contributing Editor of Inner Child Magazine, USA and an Advisory Board Member of Reflection Magazine, an international literary magazine. She is a member of the American Authors Association (AAA) and PEN International.

#### Web links:

Facebook Fan Page

https://free.facebook.com/ElizabethEsguerraCastillo

Google Plus

https://plus.google.com/u/0/+ElizabethCastillo

#### In Gratitude

I thank the Master Creator for bestowing me a wondrous life

Not everyone is given the chance to enjoy this amazing world,

A world full of wonder and love despite chaos around. In gratitude for my journey to cherish all these precious moments spent with loved-ones

Memories I will carry in my heart forever,

In gratitude for a life destined to touch people's lives through my mighty pen

To be able to share my special gift from heaven to humankind.

### Being Thankful is a Blessing

To every blessing we receive, whether big or small, We should be thankful for the more we become appreciative of things

The more open we are to infinite abundance from the Universe.

I embrace even the tiniest gift that comes my way,
For the key to achieving great things in life
Is to be in gratitude for anything that life throws at you
Yes, even to troubles that haunt us each day
There is a definite lesson we should be thankful for
Make it a habit to be thankful for all things
To attract what you are hoping for.

### For These, I Am Thankful

I am thankful for all these beautiful things I am surrounded with

The magnanimous nature, the beauteous chirping birds perched on dainty, fragile branches,

The majestic, high mountains all covered with lush greeneries and fresh vegetation

The sweet smiles on the serene faces of adorable babies born hopeful,

Of loving couples walking hand in hand by the park
Whispering sweet nothings on each other's ears unmindful
of the crowd.

I am thankful for each waking day given to me
Of sunny days and cool nights on a rainy day,
I am thankful for this chance to share my gift to the world!

Alfreda D.

Thee



I was born in Blackstone Virginia. Born one of seven brothers and sisters. Traveled to many different countries being my father was in the Army. I'm a single mother of two amazing boys. I own my own daycare center and I'm working on getting my Massage Therapy License very soon.

I started writing at the end of June in 2011. I had my first book of poetry published in 2012. I'm a firm believer that if you do good then good will consume you and all that you do within life. Throughout my life I must attribute GOD for everything in my life and I am truly grateful for all the HE has given me.....

http://www.innerchildpress.com/alfreda-ghee

https://www.facebook.com/alfreda.ghee

### The Rocking Chair

Grandmother sits and rocks Back and forth While the stars shine in She tells a story of the days of old Holding the baby close to her chest Falling into a deep sleep Humming as she dreams of peace Grandmother calls for mother To take the baby and put her to bed All the while grandmother Is ready to rest her head Tired and beat from the days work Its now time for grandmothers feet To take a seat.... Slowly grandmother rocks Sings a song and prays a wonderful prayer She fades.... Life goes dim in her eyes No more strength she is spent Breath is exhausted from her soul Grandmother doesn't put up a fight This feels right Its time that mother sits To rock the chair at night The morning light shines through But......No one knows grandmother is gone... The chair still rocks.... Grandmother is no where in sight.....

### In The Depths

The night has its arms around me Protecting me from the thieves The wind blows and sings peace But the darkness creeps on in Lying in the corners Waiting Hoping And seeking to infest my dreams With fears and screams Of shallow holes that suck you in Pulling and biting Leaving only your hands free So you can grasp for emptiness Left by the walls As the grandfather clock chimes 1,2,3,4,5,6,7,8 times silence is the only thing heard In the depths of your mind....

#### Smile

by my son Keshaun McClinton

You make me smile

You make me love you

You are so cute and I can't ever see you

You bring the sunshine

When my mom is gone

Do you love GOD so much

Because he loves you

Don't smoke because it

Will make you choke

I will give you flowers

If you run and play in the snow

Make snow angels and igloos as we play

Let's have some fun

# Nizar Sartawi



Nizar Sartawi is a poet, translator and educator. He was born in Sarta, Palestine, in 1951. He holds a Bachelor's degree in English Literature from the University of Jordan, Amman, and a Master's degree in Human Resources Development from the University of Minnesota, the U.S. Sartawi is a member of the Jordanian Writers Association, General Union of Arab Writers, and Asian-African Writers Union. He has participated in poetry readings and festivals in Jordan, Lebanon, Morocco, Kosovo, and Palestine.

Sartawi's first poetry collection, *Between Two Eras*, was published in Beirut, Lebanon in 2011. His translations include: *The Prayers of the Nightingale* (2013), poems by Indian poet Sarojini Naidu; *Fragments of the Moon* (2013), poems by Italian poet Mario Rigli; *The Souls Dances in its Cradle* (2015), poems by Danish poet Niels Hav; all three translated into Arabic; *Contemporary Jordanian Poets, Volume I* (2013); *The Eyes of* 

the Wind (2014), poems by Tunisian poet Fadhila Masaai; The Birth of a Poet (2015), poems by Lebanese poet Mohammad Ikbal Harb. He is currently working on a translation project, Arab Contemporary Poets Series.

Sartawi's poems and translations have been anthologized and published in books, journals, and newspapers in Arab countries, the U.S., Australia, Indonesia, Italy, the Philippines, and India.

#### For Zulfa

Awakened by her fragrant breath her soft whispers floating above my face her hands holding mine I touch her fingers one by one passing my lips on the soft skin.

The smell of the hot coffee fills the room I take a deep breath as the morning sunshine brightens the olive green curtains.

\* \* \*

# thank you tangier, thank you hajar

haiku

the train whistling loud the station smiling at us: welcome to tangier

beautiful hajar comes hurriedly to meet us her eyes hugging us

greeting us warmly with their verdant green, tall arms the trees of tangier

reading a poem my audience the white-blue waves jumping up with joy

both the atlantic and the mediterranean caressing my feet

back to the station hajar bidding us goodbye the sad wet faces

\* \* \*

#### rain

listen sweetheart!

listen!

outside the rain

whinnies out loud

as it pummels the little hill

and rests a while

then gently... gently penetrates

the soggy soft soil

hear the blossoms on the cherry tree

moaning with pain

\* \* \*

Jen Wasss



Jen is an award winning author/international poet; bringing love inside joyful heart's radiance - pulsating us deeper inside a personality of rare positivity. Her first collection of poems, The Tender Petals released - November 2014, through inner child press, ltd. USA. Her second poetic collection, OM Santih Santih, combined natureinspired spiritual poetry with Dr. Ram Sharma of Meerut, U.P. India and was released November 2015, through The Poetry Society of India. Her peace-filled poems come alive in renowned print and electronic world peace anthologies from the USA, UK, Africa and India. She recently received a 2016 Distinguished Poet Award, along with her coauthor, Dr. Ram Sharma, from Writers International Network (WIN -Canada) in Burnaby, British Columbia on May 27, 2016. Jen currently resides in Saint Paul, Minnesota with her loving family.

Contact Jen Walls: mywritegift@gmail.com; http://www.innerchildpress.com/jen-walls.php

#### **BLUE OCEAN WAVES**

Meet sweet color-sprays roar free - enrapture breathing; live with everything

Let doubts dissipate vibrate the subtle spirit; give great grace of heart

Meditate on love feel kindness - bliss-care with all; remain soul's heartbeat

Support living-life bring perpetual loving; shower breaths with joy

Flow a divine song kiss long - blue ocean waves; surrender love-pours

#### **SUN-FLOWERS**

Surrender in-flows let-go - light the color flares; swirl with breath's mid air Drink divine nectar call inside-bliss - bring whole heart; live this moment's now

Unwrap love-buddings rise gently - evolve soul-call; light star's bliss-blossom

Smile Great-Spirit share and breathe life's loving breaths; trust God who knows all

Awaken thunder merge with Supreme Soul - flow free; sparkle-up sun-flowers

#### **DIVINE FAITH**

We shall whisper inside of everything climb love's picturesque mountains of bliss. Giving only a most faithful kiss expand on the heights of love. Grace knows inner heart that's only sure and pure reaching each threshold too. Flow every longing with soul's truthful need. We'll sow bright seeds that grow here, living on; seeking far and wide to find the highest truth within love's pure light of day. We wander this earth, so very long find a clearing from life's thickets. Breathing inside clay - solving mere riddles; rolling on spills of streams and loving rhymes. Playing out – we'll have to feel real to find love as though we may last forever and ever. Going on again, so endlessly - often impeded, surrendering in hopes to fully grasp and hold the thorn-less rose blooming deeper importance. Flow onto the tears that march across time, fall and rise - so fervently inside love-breaths. Finding freedom in the all and everything we are within each soul – in every will - live life's faithful test.

If we find there is no everlasting rest; nor a finding place - what can we do? But lay thy head, so near and dear, within a loving blaze of heart.

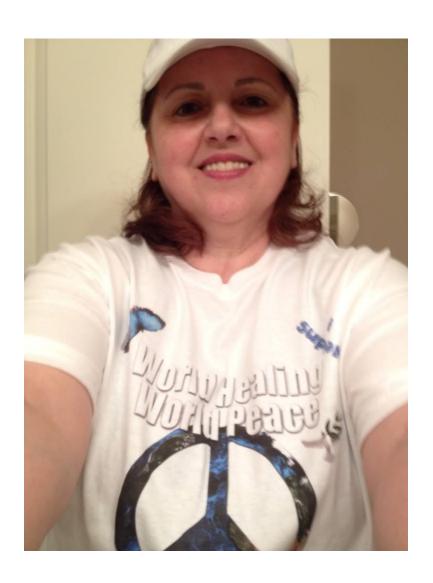
Is there no lap here that's awaiting us, or do we go on gazing through and through? Seeking outwardly, rolling on the yesterday's and tomorrow's rushing sprays of waves. Find then how to offer life - love's truth giving within adoration - blazing heart-significance.

Surely we cannot see - if we do not even look!
Go within prayerful manifest of love's presence;
flowing alive breaths upon moment's breathing,
meeting pains and pleasures and all neediness
We come up strong - grow living words of truth.
It may take long to lift beyond
inside the carefree love-being.
Heart-fully, we must be ever present
serve light's sublime-climb with all breaths of subtlety;
reaching bliss-heights on the sunny summits.
Living inside love - within gratitude's divine faith.

hülya

n.

yılmaz



Born in Turkey, hülya settled in the U.S. where she earned a Ph.D. in German studies at The University of Michigan. Presently a Penn State liberal arts faculty, yılmaz finds it vital to nurture her passion for creative writing. She authored *Trance*, a collection of poems in English, German and Turkish — a platform that welcomed her fluency in literary translation, co-authored An Aegean Breeze of Peace (both by Inner Child Press, Ltd.), and contributed to several anthologies with her poems and prose. A licensed freelance writer, hülya has extensive experience as editorial consultant for book-length manuscripts. She currently works as one of the editors for Inner Child Press, Ltd.

#### Links:

www.writerandeditordryilmaz.com www.dolunaylaben.wordpress.com

# a bouquet of contradictions

gene Sezeni dinliyorum

"life, i thank you"

her low-pitch voice echoes in the head

### disguised as

i hit the beaches of make-believe bliss was cast as a commoner in the marital act worse i was made to feel like a woman again only to fall through the rotted wood of the stage-escape head first then came the self-cast i performed superbly as the maid of that commoner in a supposed match in love what an overestimate! i have become a thing of the past he hasn't he wouldn't what an underestimate! of his cruel selfishness that is deadening my insides with no chance to revive and of all the times at this vulnerable age how naïve of me! to think that an elderly gent a learned man a war-survivor earned my feminine devotion to assume that love deserved infinite trust

outside the circle of family and friends

### gratitude

to you
the birthing cradle of mine
for the female chromosome
to you
the inescapable obsolescence of the living
to you to all of you
tormenting joyous elating ordeals
i gift my thanks

gene Sezeni dinliyorum "life, i thank you" her low-pitch voice echoes in the head Teresa

£.

Gassion



Teresa E. Gallion was born in Shreveport, Louisiana and moved to Illinois at the age of 15. She completed her undergraduate training at the University of Illinois Chicago and received her master's degree in Psychology from Bowling Green State University in Ohio. She retired from New Mexico state government in 2012.

She moved to New Mexico in 1987. While writing sporadically for many years, in 1998 she started reading her work in the local Albuquerque poetry community. She has been a featured reader at local coffee houses, bookstores, art galleries, museums, libraries, Outpost Performance Space, the Route 66 Festival in 2001 and the State of Oklahoma's Poetry Festival in Cheyenne, Oklahoma in 2004. She occasionally hosts an open mic.

Teresa's work is published in numerous Journals and anthologies. She has two CDs: On the Wings of the Wind and Poems from Chasing Light. She has published three books: Walking Sacred Ground, Contemplation in the High Desert and Chasing Light.

Chasing Light was a finalist in the 2013 New Mexico/Arizona Book Awards.

The surreal high desert landscape and her personal spiritual journey influence the writing of this Albuquerque poet. When she is not writing, she is committed to hiking the enchanted landscapes of New Mexico. You may preview her work at

http://bit.ly/1aIVPNq or http://bit.ly/13IMLGh

### Window Visions

You are the stuff that God makes and loves you in spite of yourself. You are here to spread your wings,

fall down sometimes, get up wash the sand, mud or snow from your boots in every season.

You thrive on the hardships that move you forward and make you strong, a new you born again each morning.

Say thank you for the sunrise and welcome to another day to shine in the light of Spirit.

Snow falls outside your window today, blankets the porch, driveway, yard, street and distant mountains.

Every flake blesses the landscape with moisture to prepare earth for deep sleep. To be a witness to this sacred ritual is a gift.

Many will test their legs on the mountain. Everyone who respects nature's sidelines lives to sing her praise.

Those who come with destructives poles do not survive her intimacy. Her kiss may be bliss or death.

She swings both ways, does not discriminate. You may be taken in loving arms or squeezed into oblivion. What's your pleasure?

### Wilderness Drifter

Wisdom hangs out in the badlands, waits patiently for an invitation.
When you struggle to learn a new truth,

a devoted companion may come for you as you cast reels in the rough country. Some days we all need a rescue.

Give me a jackrabbit to pursue, caliente sand chasing my boots, sun bathing my face.

We can get loss in the high desert and never find the end of our bliss. One day we may sit next to a juniper,

contemplate the artistic twists in its branches and ponder questions stored in roots full of wisdom.

#### **Tenderness**

Sit next to the ponderosa deep in the forest.
Feel the breath of needles

exhale in the air current. Get acquainted with serenity. It is the touch of stillness

that stimulates the heart. Tranquil nothingness eats tensions away.

Stay close to that tree that calls your name. It is the angel of mercy

ready to flap its wings for a flight to new horizons on the carpet of peace.

# Demetrics Trifiatis



Demetrios Triafitis was born in Greece, studied philosophy in Canada. Post-graduate studies, Universite de Montreal. In 1976 became Canadian citizen. Taught philosophy. Involved in humanitarian and peace organizations. Retired.

Poet and writer. Speaks: Greek, English, French and German. Candidate for the Greek and the European parliaments. Has traveled around the world.

#### **THANKSGIVINGS**

I thank Thee oh Lord

For

All the treasures, Thou hast

So generously upon me

Bestowed:

My life

My sight

My Hearing

My touch

My scent

My taste

My arms

My legs

My brain and every other

Organ,

Treasures of untold value

That

Money could never buy

Forgive my, Lord,

My egoism

My ingratitude

My greediness

My complaining

My insatiability

My forgetfulness,

If only THY charity was I able
To remember
And
The multitude of the unfortunate ones
That are not as blessed as I,
Every second should I THEE, for life,
Thanksgiving offer
Rather
Only once a year!

## FORGIVE US

Forgive us oh Lord for not offering our gratitude to Thee as

often as we pray when in need!

#### ETERNAL GRATITUDE

My beloved parents,

Humbly,
Before the altar of your memory I kneel
Wishing this little poem of mine to you to offer
As a down payment of my eternal gratitude
For bringing me to life

Undeniably difficult it is All you have done for me to name So, only to a few of your actions I will refer, Forgive me for having only that little to say

Worth mentioning, you would agree, Are the things both of you have shown: Your heroism, your suffering, your selfless sacrifice For to bring up your family and to keep all of us alive

I remember vividly the nights you have passed Standing at my side, trying to help me as better as you could

When the threshold of death I approached Thrice, was I ready for the dark oblivion to fly

Also shouldn't forget the days when both of you So valiantly had struggled a slice of bread for us to find, To feed all the six of us, your underage children For to help us to be able to survive

Your health, your youth, your leisure Both of you, did, for us surrender Leaving thus this ephemeral world Just in your early forties

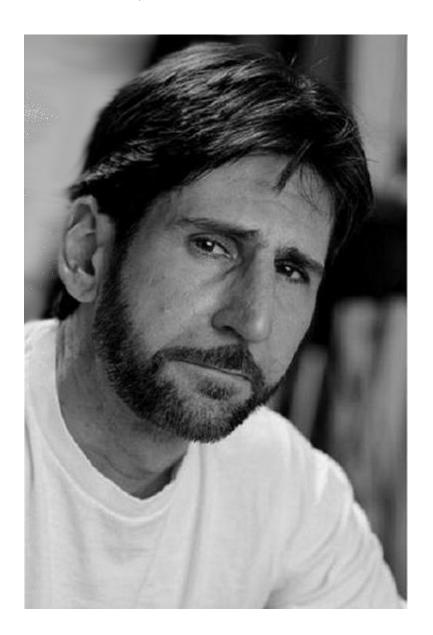
Your anguish only to imagine I can: How could we alone would continue to exist For all the six of us children were From three years old and up to fifteen

Your souls now aware are That orphans are by God adopted Each having nothing anymore to fear For are by Him protected

In peace let your souls rest Close to our divine FATHER For your children, children have And they, in their turn, have children!

\* I come from a very poor family of eight. Two died when infant, the other six have survived and live in three different continents: Europe, America, Oceania, having children and grandchildren. Thus my mother's wish to have many children so they spread out and "Occupy" the whole world, as she used to say, has been materialized in the most part! Thank GOD for granting my mother her Wish! Myself have lived, studied and taught in Canada for eighteen years. Members of my family live there and they have children and grandchildren.

Asan W. Lankowski



Alan W. Jankowski is the award winning author of well over one hundred short stories, plays and poems. His stories have been published online, and in various journals including Oysters & Chocolate, Muscadine Lines: A Southern Journal, eFiction Magazine, Zouch, The Rusty Nail, and a few others he can't remember at the moment. His poetry has more recently become popular, and his 9-11 Tribute poem was used extensively in ceremonies starting with the tenth anniversary of this tragic event...

http://www.storiesspace.com/forum/yaf\_postst538\_My-911-Tribute-poem-has-been-in-print-at-least-fourteen-times-in-2011.aspx

He currently has one book out on Inner Child Press titled "I Often Wonder: a collection of poetry and prose." It is available directly from Inner Child at this link… <a href="http://www.innerchildpress.com/alan-w-jankowski.php">http://www.innerchildpress.com/alan-w-jankowski.php</a>

When he is not writing, which is not often, his hobbies include music and camera collecting. He currently resides in New Jersey. He always appreciates feedback of any kind on his work, and can be reached by e-mail at: Exakta66@gmail.com

#### I Thank You

I thank you for letting me love you,

I thank you for letting me know your arms, Your gentle touch, your delicate charms,

Your special smile you give to me, For all the love you give for free,

For being there to understand, For letting me hold your hand,

For making me feel I'm the one, You want to be with when the day is done,

For showing me how much you care, For when I need you, just being there,

I thank you for letting me love you. I thank you.

#### Faith

Faith, it's a beautiful thing, That little word with the special ring, It's faith in the things I cannot see, Like knowing my God is always with me, Faith that everything will turn out alright, That my days of darkness will lead into light, Faith that Jesus will take my hand, And guide me through things I don't understand, That no matter where I roam, far and wide, My God will be there by my side, And until I'm home in Heaven above, I will always know my God's true love, And until that day He calls me home, I will never have to walk alone, To know that someday I'll hear angels sing, Faith, it's a beautiful thing.

#### 25 And Still Alive

Never really did what my parents told me to, If they told me to take one I ended up takin' two. Teacher couldn't control me, couldn't hold me down. Instead of being in school I was cruisin the town. Learned to to make love before I could write my name, Never learned good English, but I talk just the same. Always gettin' high always feedin my head, People always sayin' I'd end up dead. They talked a lot of shit but I got something to say, I'm 25 and I'm still alive. Never made classes but I made every dance, Every girl I met I got in her pants. When everyone was broke my pockets were full of cash, When others needed a toke I always had the stash. While other kids stole candy I went for the wine, Others went to camp I went to do time. I was teachers and parents worst nightmare, I was the kid you didn't want yours near. Stole my first car before I learned to drive, But guess what? I'm 25 and still alive. Every cop in town knows me by my name, Brothers give me respect, know they're just players in my

game.
I tell the wind which way to blow,
I tell the sun which way to go.
The world is my toy I'm the one in charge,
I know how to hustle I'm always living large.
When I was in grade school I robbed the local store,
Spent my take on a limo and a whore.
No one smokes more shit, no one talks more jive,
But I'm 25 and still alive.

When I walk down the street people move out of the way, I got people out there workin' bringin' me their pay.
When I go to someones home they offer me a meal, I get offered so much drugs I no longer have to steal.
I got women all around, women left and right, So many women I don't know where to spend the night.
For me it paid off skippin' all that school,
I may not talk correct but I'm nobody's fool.
I learned so much on the streets strugglin' to survive,
But guess what, I'm 25 and damn sure still alive.

# Garosine Nazareno



Caroline Nazareno-Gabis a.k.a. Ceri Naz, a native of Anda, Pangasinan, known as a 'poet of peace and friendship', is a multi-awarded poet, editor, journalist, public speaker, linguist, educator, peace and women's advocate.

She was chosen as World Poetry International Director to Philippines by the World Poetry Canada and International. She is also a featured member of Universal Peace Federation, Asia Pacific Writers and Translators (APWT), Association for Women's rights in Development (AWID) and World Poetry Canada and International.

She won several International Prizes including "Writers International Network Society-Canada "Amazing Poet 2015", The Frang Bardhi Literary Prize 2014 (Albania), the sair-gazeteci or Poet Journalist Award 2014 (Tuzla, Istanbul, Turkey) and World Poetry Empowered Poet 2013 (Vancouver, Canada). Her prominent poetry have been published in various international anthologies: For Love of Leelah (USA), WOMEN IN WAR (Africa), Muse for World Peace Anthology (Nigeria), Greek Fire Anthology ( UK), IMMAGINE & POESIA e-book (Torino, Italy) World Poetry Yearbook 2013 and 2014 ( IPTRC-China), Fascinating Panoptic Septon (Singapore), Gumbo For the Soul (USA), Peace Poems (USA and Canada ) I Am A Woman, a tribute to Kamala Das ( India ), Women of The World (Canada), Just For You My Love Anthology (India), The Art of Being Human Vol. 15: WHO AM I, Vol.14: Insomnia, Vol.13: Lucky 13 ( Switzerland, Canada and Romania), Siir Antolojisi ( Turkey), Who Shall I Make My Wife ( Lagos, Nigeria) and more.

## a prayer and thanksgiving

i am grateful at the very moment,
because i experienced
and am experiencing
more than what i have prayed, hoped and wished for...
it won't be a regret
if i need to wait for sometime;
it's happening beyond my sight,
claiming for rooms and doors of opportunities...
a choice to let every chance possible,
where i can humbly wear my shoes;
take the journey calmly,
hold out the olive branch,
water the beautiful seeds sprouting
and embrace new things,
and yes, the Almighty never fails...

## thanks, not goodbye...

i said "thank you so much" than "goodbye" there were patches of bad experiences; had heard freakin' invented ghost competitor's oracles; had tried and learned to be patient in dealing with uncanny adjustments; little shakes of not meant to mention, but happened.

i realize, it's always a blessing to forgive, to respect, to forget (healing in progress), to be able to come forward and make more stars shine anew whenever, wherever...

thank you Lord for the wisdom. i claim the power of love through YOUR guidance and eternal blessings.

to all, who appreciated the one I am, made me feel, i am part of your lives for all that has been...
THANK YOU!

## go beyond

go beyond fears, ignite the flame of life. go beyond doubts, turn your creative mind. go beyond pain, inhale a relieving spirit. go beyond the failures, be thankful on your existing treasures. go beyond the inconvenience, seek emotional fitness. when you find a way beyond ways of becoming, to uncover the pressures you become change, the torch. the portals of discovery is within yourself, the true wisdom to shine until the end of time.

## cosmic battles

i am a new cosmos
detaching
from the verbatim leaps
of rules,
in my old universe.
i am the lightworker
synchronizing
the infinite
and the definite,
from the battlefield
of eclipsed
memory.

## a blue rosebud for a royal butterfly

a royal butterfly spreads its wings and flies to the garden of no boundaries, wandering from winter kisses of the North Pole. a rosebud on its thorny stem flaunts its aces, shines with shams, trims down its own deception. when royalty speaks its fragrant promises, hundreds and millions of wings and buds will shatter and wither at this temporal hour.

Asicia C.



Alicia C. Cooper is a published poet and aspiring novelist. She has published one book of poetry, has been featured in several anthologies and is a contributing writer for Muzilog Woman Magazine. She is an avid reader and music lover and enjoys traveling and spending time with her family. In late 2013, her first poetry chapbook was published with Inner Child Press. A second book, a full length poetry collection also with Inner Child Press, is in the works and is expected to be published in coming year of 2017

You can connect with Alicia on FaceBook

https://www.facebook.com/alicia.cooper

Her Book is available here:

www.innerchildpress.com/alicia-c-cooper.php

## Lonely Birds Refuse To Fly Alone

It is true that birds

Of a feather flock together

Sometimes, however

A lonely bird

Just wants any flock

To fly with.

#### Release

Release my *I love you's* into the wind They no longer belong to you.

Release the pain of watching me leave It is something that I had to do.

Release your memories of yesteryear They only gift you pain.

Release my scent, my smile, and kisses You deserve to be happy again.

They load must be heavy; you're bleeding out anger Regret is making you weak

So do yourself a justice and let go of the past Simply open up your hands and . . .

Release.

### Let Me Always Look Ahead

Let me always look ahead And never again turn back Lest I become a pillar of salt

And crumble with each rumble Of the ground beneath me.

Let me always look ahead So that my feet are not pained From the long and weary walk

Through spiny thickets of indignation And burning coals of bitterness.

Let me not search for answers To unanswerable questions Yet always seek my truth

Because some things just make no sense But truth is always cogent.

Let me not seek shelter
In a den of iniquity
Or a home where I'm not welcomed

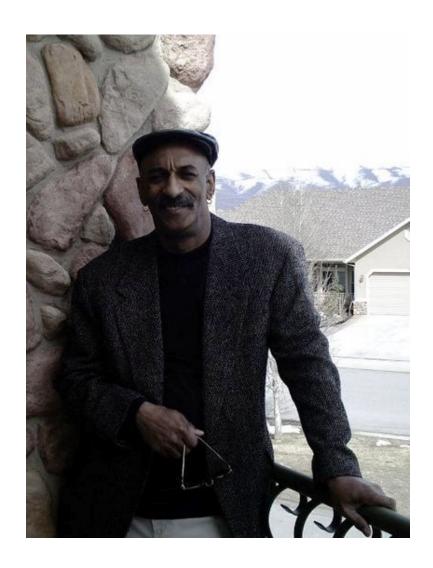
When the walls are sturdy And hearth is warm at my own.

Let me always look ahead, Lord!

Let me always look ahead.

Wissiam S.

Peters Sr.



Bill's writing career spans a period quickly approaching 50 years. Being first Published in 1972, Bill has since went on to Author in excess of 35 additional Volumes of Poetry, Short Stories, etc., expressing his thoughts on matters of the Heart, Spirit, Consciousness and Humanity. His primary focus is that of Love, Peace and Understanding!

#### Bill says . . .

I have always likened Life to that of a Garden. So, for me, Life is simply about the Seeds we Sow and Nourish. All things we "Think and Do", will "Be" Cause and eventually manifest itself to being an "Effect" within our own personal "Existences" and "Experiences" . . . whether it be Fruit, Flowers, Weeds or Barren Landscapes! Bill highly regards the Fruits of his Labor and wishes that everyone would thus go on to plant "Lovely" Seeds on "Good Ground" in their own Gardens of Life!

to connect with Bill, he is all things Inner Child

www.iaminnerchild.com

Personal Web Site www.iamjustbill.com

#### "I Am Thankful"

Father, let me melt into the abysmal arms of thy grace for i am thankful

i look about me and i see wonder and for this gift of sight i am humbled and tears moistens my eye and i am humbled

i feel the beat of your Heart
within mine
and i listen
to the concordant symphony
of life
and conclude reverently
that You and i
are one

the strife and anguish
that challenges my glee
sadly resides in me
but as thy servant James spoke
i count it all joy
so i give my yoke of burden
unto thee

this unceasing breath that fills my breast

many times goes unnoticed in my conscious but i embrace it just the same with the love of life yes, i am thankful

the attitude of gratitude
does elude me
many a day
for as a man
i do not always understand
Your ways
but i do remember
what you said
for it forever plays
in my head
that "your Ways are not my Ways"

this does beckon me
to Trust in your judgment
and i am thankful,
for if i had to do it
i would screw it
up

i am thankful for all the challenges
trials
tribulations
you have adorned my path with
for i am the Wiser
the Stronger
the more determined
in my stumbling
my bumbling

it is that darkness
i have learned the nature of Thy Light
and i Fight for it
daily
without fail
within me
and the world about me
I am thankful

this day, my cup is overflowing for this day i rest in the knowing that You Father still love me and i feel this this existential bliss this kiss of life filled with possibilities for what i may become

so in summing up this brief relief of what my heart seeks to speak there is but 3 words i know you have heard so many times before and that is "I Am Thankful"

#### for my peace

peace does not come to those who wait. peace does not come to those who fight for it, no, peace is of a calm that silences the hearts of men, and blinds us of our differences

my child knows of peace. the beating heart of my mother knows as well.

there is a certain peace in the duty of my father, for he knows his place

i am but an apprentice of humanity, learning as i go, for in light of the world which we inhabit peace laced with love is the most cherished of treasures

won't you walk with me a while?

#### for my peace

Italian, Translated by Mario Rigli

la pace non arriva a coloro che aspettano, la pace non viene a coloro che lottano per lei No, la pace è una calma che infonde silenzio nel cuore degli uomini, e ci acceca nelle nostre differenze

il mio bambino conosce la pace. il pulsante cuore di mia madre pure la conosce.

vi è una certa pace nel dovere di mio padre, poiché lui conosce il suo posto

Non sono che un apprendista di umanità, procedo imparando, per la luce del mondo che abitiamo. la pace allacciata con l'amore è il più caro dei tesori

vuoi camminare con me per un po'?

#### Beautifully Tragic

there is a poem somewhere in the mist waiting your arrival

open thy third eye dear bard and let loose thy spirit that it may dance with the possibilities of what a word or two may do

dear poet can you hear the whisperings of verse speaking just beneath the noisome undertones of what we call life, calling to be set free from the womb of the celestial muse?

there if a consciousness
that desirously needs to be touched,
fondled,
caressed,
aroused,
and stimulated
that its unrivaled passions
may be shared
with he whom listens
and has need . .
as we all do

life is a beautiful tragedy, where the dark dances with the light . . . for there can be no other way

death and life are sired by the same loins

are not pain and pleasure products of the same birth canal? who often exchange familiarities . . . a shared genesis?

does not silence and busy-ness coexists within the same shadows?

who am i to say the purpose is void? who am i to say that life is finite? who am i to say i know of what love is?

the grand abyss is a place of shallowness

how long does a heart beat? how long does one pine for that touch that settles and soothes the expectations we have learned here during this journey?

yes i say there is a poem waiting to be birthed.

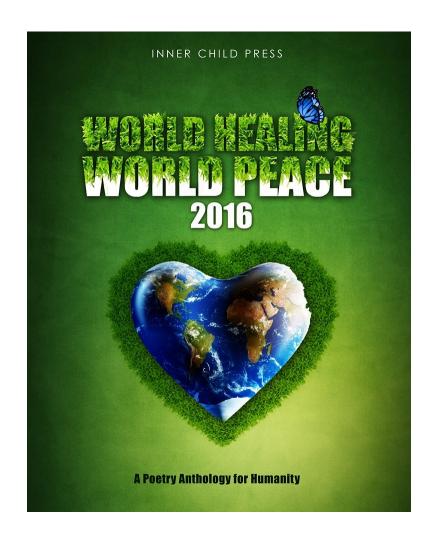
so pick up thy pen, loose thy tongue and speak to soul as soul is speaking to thee

let the word of Mother Muse come to life once again and embrace her Beautiful Tragic and share it with her children . . . you and i

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# November 2016 Features



Rosemary Burns
Robin Ouzman Hislop
Lonneice Weeks Badley

Resemary Burns



I love people, life and am into Spirituality, love the internet and having friends worldwide. Love nature, animals, crystals, sun, moon, stars, trees, life and being alive.

I started writings poems when I was going to TAFE, was studying English, Biology, Russian History, Computers, etc. it was a Tertiary course that prepared you for going to University. I started getting poems coming into my head and began writing them down, some I had to struggle with but not many.

http://alchemyajourneyofloveandspirit.ning.com/ https://www.facebook.com/rosemary.burns2

#### The Poet.

The poet bares his heart and soul, for others appraisal, his gift is to give insights to others. He may struggle with words and rhyme, or his verse may flow like the wind, endlessly dripping from his quill, with eloquence, style and wit.

Romance and love is
one of the domains, of a poet.

I n times of old
'twas said the pen
was mightier than the sword.

The poet sits quietly,
his mind filled with verse,
for other men to peruse.

For you see..... the poet can touch,
the hearts of all mankind. By Rosemary Burns

#### The Wind.

The wind being one of the four elements, it howls and whistles, it sings a song to us, of what the world was like long ago.

The wind sways and bends the trees to his whim, they dance with abandonment, to his tune like a fiddler playing a sweet tune, on a fiddle, for his own amusement and delight.

The wind can lull us to sleep, it can make the flowers nod their heads with gay abandon, it can howl like a banshee's mournful song.

Or it can touch one's face, with gentle feathery fingers, just touching and passing on. It is a force of nature, which can be gentle or harsh, depending on its inclination.

#### **Mystical Things**

Dragonflies, dreams and mystical things

Fill my being with delight
Butterflies, oak trees and flowers
Bind me with their spell
Life and Nature stretch out fingers
Beckoning with a myriad delights
Like dew drops sparkling in the sunlight

Sunsets, water, be it ocean or river
Quench my soul's desire for beauty
Magic is encapsulated in each day
Our eyes and hearts have to be open to find it
Life is beautiful, behold its glory,
Majesty and might
Then look within to find it's parallel.

Robin Ouzman Histop



Robin Ouzman Hislop is on line Editor at Motherbird.com, Artvilla.com & Poetry Life & Times, his recent publications include Voices without Borders Volume 1 (USA), Cold Mountain Review (Appalachian University, N.Carolina), The Poetic Rond Volumes (thepoeticbond.com) and Phoenix Rising from the Ashes international anthology of sonnets). His publication is a volume of collected poems All the Babble of the Souk available at all main online tributaries. For further information about this publication with reviews and comments see Author Robin. A forthcoming publication is due shortly Key of Mist, a translation from Spanish by the same title of the poems by the Spanish poetess Guadalupe Grande.

#### King Kong

Thump your massive pectorals like a drum, old Kong on the summit of our Empire State sky-scraper.

Here, our White Goddess will caress your pug snout weep for you, as you finally fall shot down, to your death.

But you won't be reborn our mythical Sun God King to rise again in summer's festal harvest you will represent only the pathos of our sad but necessary destruction.

You see, we are a political animal which is more than just a rationale of right or wrong it's the moral mind in action the first precept, the right to life or in your case, ipso facto, death.

You see, you just don't fit in to our system, when all's said & done you just don't belong, old Kong not on our side of things.

#### I am a Poem

I am a poem
a disembodied text
behind your eyes
in your head
not here or there
past present future
but now, forever now
where you find me
not a place, not a person
the person is you
where you find me
a disembodied text
forever now
i am a poem

#### Katz Bak.

Sleek fat gone all night more day or two where you been come on in on donkey gaf gaw naw little rabbit cat sit purr not so thin as before skin bone no fur wokytraffikjabber ok neighbours fed salchichas whilst this not here long time no see sit purr don't stick claw - ouch - touch you see katz bak woggy wog bow wow donkey hee haw nine lives table cloth sharp in air meow sounzum softy soff soff katz bak.

Lonneice Weeks Badley



Lonneice M. Weeks-Badley was born to Oliver and Margaret in Harlem, New York. She now resides in Virginia, mother of two daughters, proud grandmother of three grandsons, one granddaughter and one great granddaughter. Author of two books: Mind Games "Others Thoughts Inside of Me" and The Evils of Greed it NOT your route. I'm presently completing my third book.

God is the love of my life and He uses and BLESSED my hands to write; His inspired poetry for eyes to see and feel. I can't get enough of writing. Glory to God...

#### The Essence of God's Law of LOVE

Fear (respect) the LORD your God,
walk in all His ways
love Him; every day,
serve Him; as you pray,
guess what else you can do,
share what He gave to you
with family, friends and strangers His
Unconditional Love; that's so true...
Can you do this for ME?
with all your heart and with all your soul --this is My
breathtaking and ultimate goal; ever told
My Law of LOVE will always live in him
This is The Essence of God's Law of LOVE
Inside He that believe...

#### Unconditional Love of Me

Unconditional Love of Me I give freely to you and he The ones that accept Me In their inner being Tap In --feel Me Touch agree and be free You and me together forever... Unconditional LOVE of Me Is not in He as I give to thee Never, never will I Leave you, Nor forsake you as he Trust Me Almighty's Best is within thee My LOVE and not Misery... Unconditional LOVE of ME Can't you feel the difference and the peace Yes! Yes that's Me God's breath inside of thee Live and be Free...

#### The Beauty of Me

Why can't you see from the beginning I formed you

I created you and made you in My Image

The Beauty of Me

Spotless and free focus back to whom you should be cast out the evils He (satan) tried to keep in thee

The Beauty of Me You can return to Me and be free as a bird in a tree only if ---you agree to capture and hold onto

The Beauty of Me

Who truly LOVE and live in thee just trust Me and be free who the Son set free is free indeed

The Beauty of Me



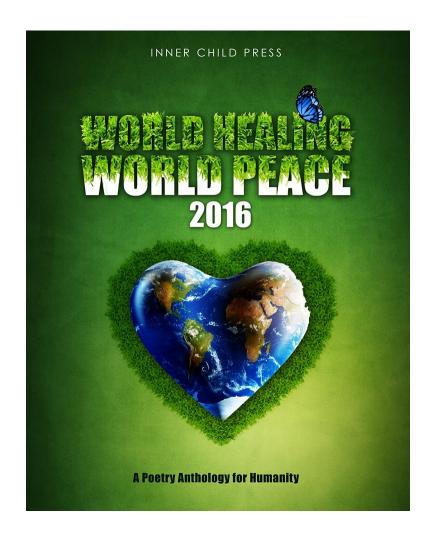
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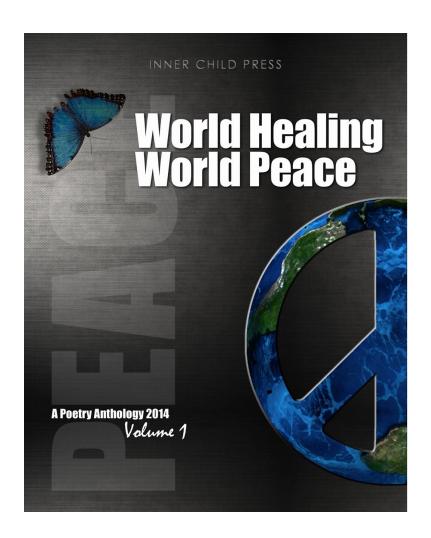
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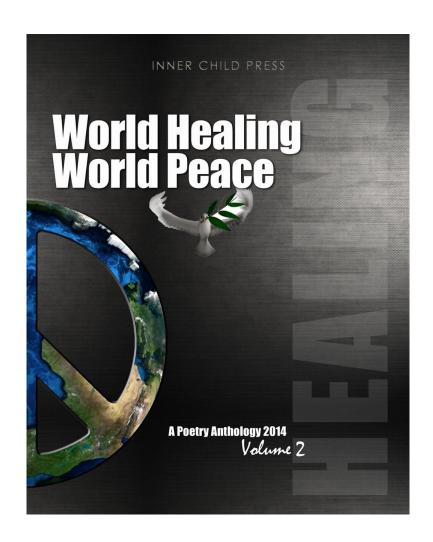
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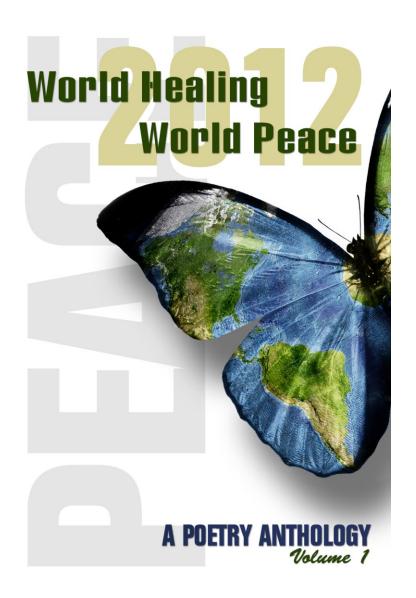
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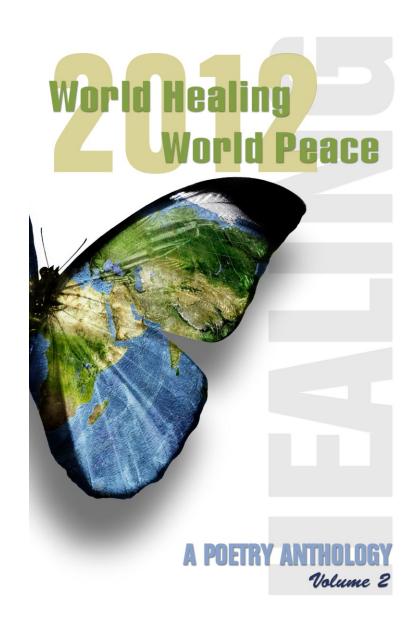
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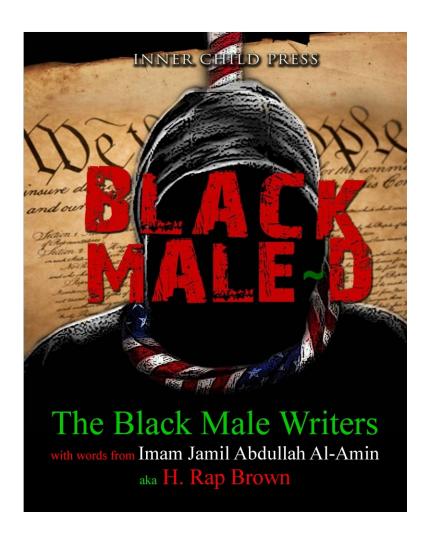


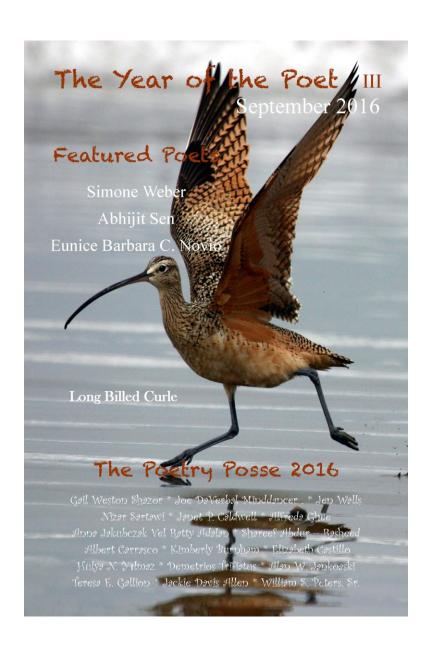


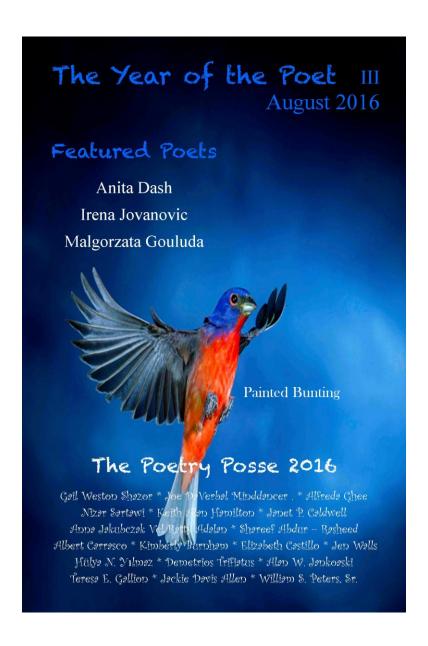


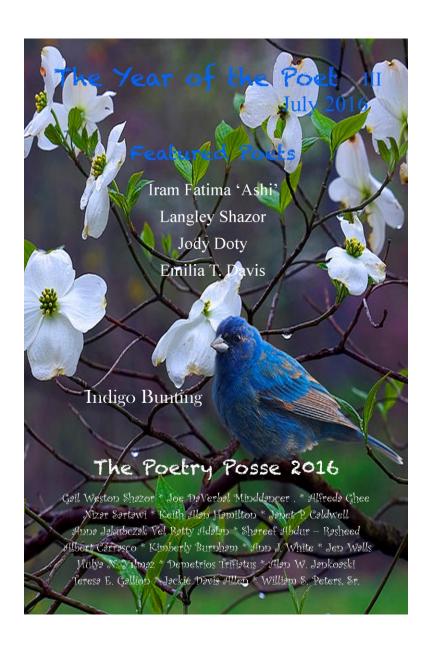


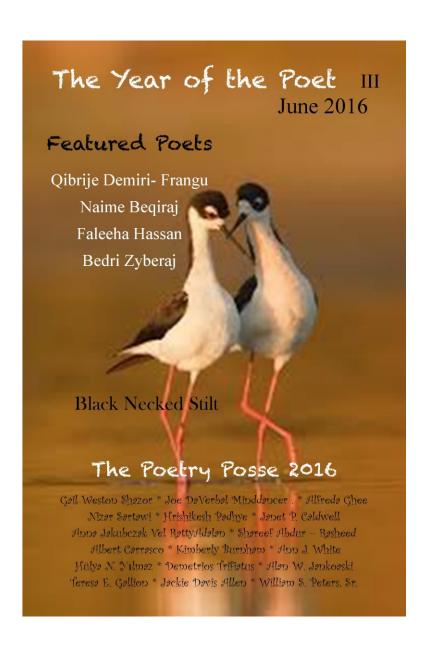


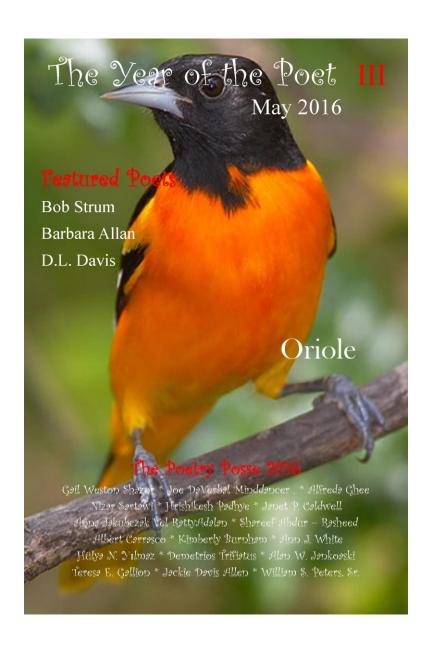


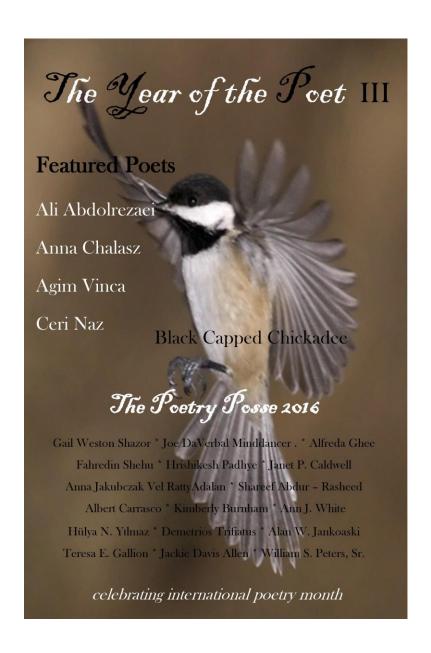


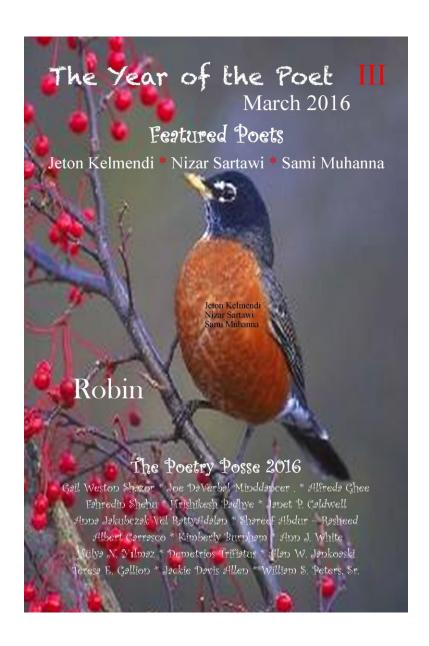


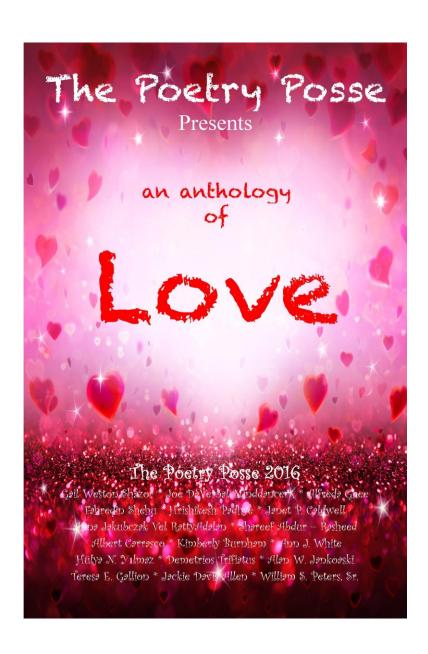


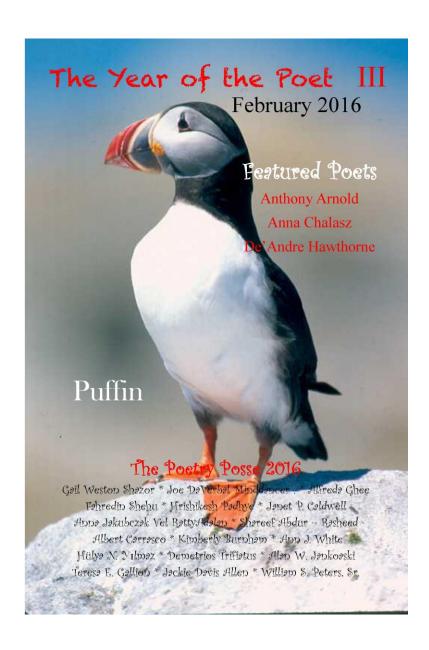








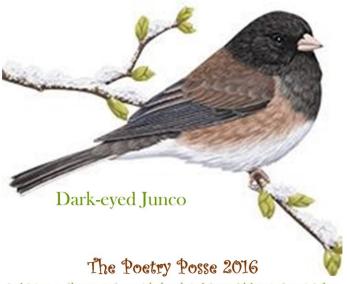




# The Year of the Poet III January 2016

#### Festured Poets

Lana Joseph \* Atom Cyrus Rush \* Christena Williams



Gəil Weston Shəzor \* Anna Jakubczak Vel RattyAdalan. \* Ann J. White
Fahredin Shehu \* Hrishikesh Padhye \* Janet P. Caldwell
Joe DaVerbal Minddancer \* Shareef Abdur — Rasheed
Albert Carrasco \* Kimberly Burnham \* Keith Alan Hamilton
Hülya N. Yılmaz \* Demetrios Trifiatus \* Alan W. Jankowski
Teresa E. Gallion \* Jackie Davis Allen \* William S. Peters, Sr.

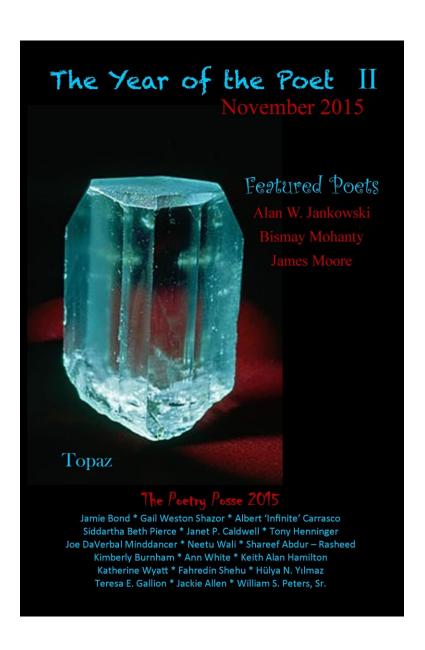
# The Year of the Poet II December 2015

#### Festured Poets

Kerione Bryan \* Michelle Joan Barulich \* Neville Hyatt



#### The Poetry Posse 2015



# The Year of the Poet II October 2015 Featured Poets Monte Smith \* Laura J. Wolfe \* William Washington Opal

#### The Poetry Posse 2015

## The Year of the Poet II

September 2015

Featured Poets

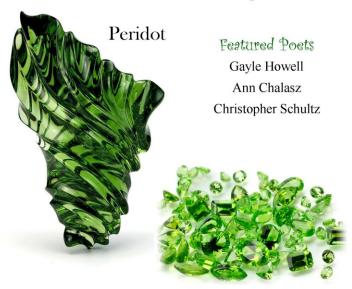
Alfreda Ghee \* Lonneice Weeks Badley \* Demetrios Trifiatis



#### The Poetry Posse 2015

## The Year of the Poet II

August 2015

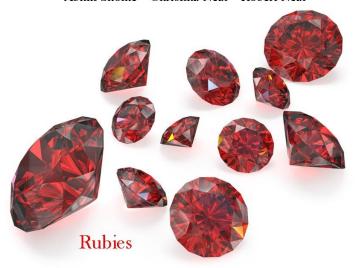


#### The Poetry Posse 2015

# The Year of the Poet II July 2015

#### The Featured Poets for July 2015

Abhik Shome \* Christina Neal \* Robert Neal



#### The Poetry Posse 2015

## The Year of the Poet 11

June 2015

#### June's Featured Poets

Anahit Arustamyan \* Yvette D. Murrell \* Regina A. Walker



#### The Poetry Posse 2015



## The Year of the Poet II

**April 2015** 

Celebrating International Poetry Month

Our Featured Poets

Raja Williams \* Dennis Ferado \* Laure Charazac



#### Diamonds

#### The Poetry Posse 2015

# The Year of the Poet II

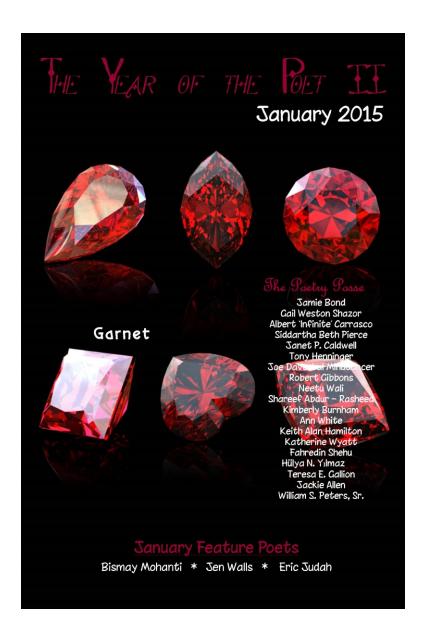
March 2015

#### Our Featured Poets

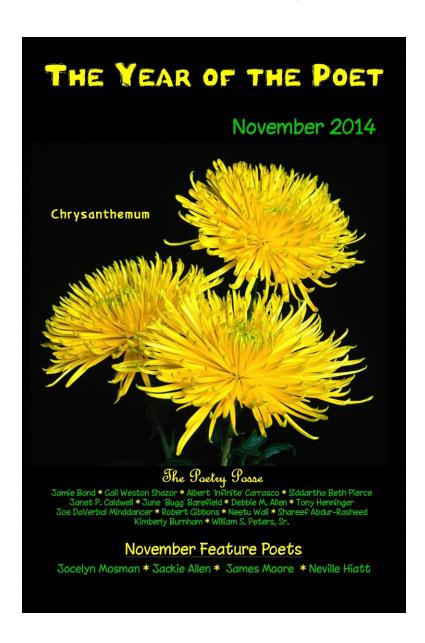
Heung Sook \* Anthony Arnold \* Alicia Poland



#### The Poetry Posse 2015

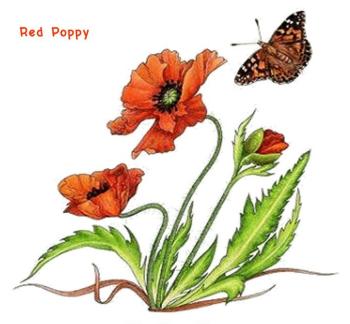






## THE YEAR OF THE POET

October 2014



The Poetry Posse

Jamie Bond \* Gail Weston Shazor \* Albert 'Infinite' Carrasco \* Siddartha Beth Pierce
Janet P. Caldwell \* June 'Bugg' Barefield \* Debbie M. Allen \* Tony Henninger
Joe Daverbal Minddancer \* Robert Cibbons \* Neetu Wali \* Shareef Abdur-Rasheed
Kimberly Burnham \* William S. Peters, Sr.

#### October Feature Poets

Ceri Naz \* Rajendra Padhi \* Elizabeth Castillo

## The Year of the Poet

September 2014



#### September Feature Poets

Florence Malone \* Keith Alan Hamilton

The Poetry Pose

Samie Bond \* Gail Weston Shazor \* Albert 'Inffinite' Carrasco \* Siddartha Beth Pierce
Sanet P. Caldwell \* Sune Bugg' Barefield \* Debbie M. Allen \* Tony Henninger
Soe DaVerbal Minddancer \* Robert Gibbons \* Neetu Wali \* Shareef Abdur-Rasheed Kimberly Burnham \* William S. Peters, Sr.

## The Year of the Poet



August Feature Poets

Ann White \* Rosalind Cherry \* Sheila Jenkins



# the Year of the Poet

June 2014



#### June's Featured Poets

Shantelle McLin Jacqueline D. E. Kennedy Abraham N. Benjamin Gail Weston Shazor
Albert 'Infinite' Carrasco
Siddartha Beth Pierce
Janet P. Caldwell
June Bugg' Barefield
Debbie M. Allen
Tony Henninger
Joe DaVerbal Minddancer
Robert Gibbons
Neetu Wali
Shareef Abdur-Rasheed
Kimberly Burnham
William S. Peters, Sr.



## the Year of the Poet



#### April 2014

#### The Poetry Posse

Jamie Bond
Gail Weston Shazor
Albert Infinite' Carrasco
Siddartha Beth Pierce
Janet P. Caldwell
June Bugg Barefield
Debbie M. Allen
Tony Henninger
Joe Daverbal Minddancer
Robert Gibbons
Nectu Wali
Shareef Abdur-Rasheed
Kimberly Burnham
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#### Our April Featured Poets

Fahredin Shehu Martina Reisz Newberry Justin Blackburn Monte Smith

celebrating international poetry month





Our February Features
Teresa E. Gallion & Robert Gibson



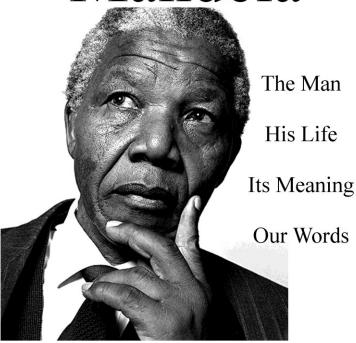


#### The Poetry Posse

Jamie Bond
Gail Weston Shazor
Albert 'Infinite' Carrasco
Siddartha Beth Pierce
Janet P. Caldwell
June 'Bugg' Barefield
Debbie M. Allen
Tony Henninger
Joe DaVerbal Minddancer
Robert Gibbons
Neetu Wali
Shareef Abdur-Rasheed
William S. Peters, Sr.

Our January Feature
Terri L. Johnson

# Mandela



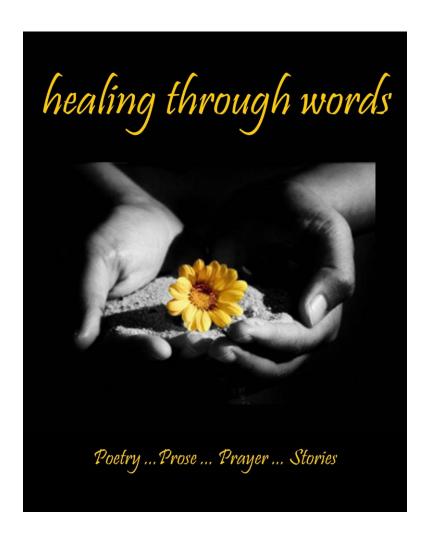
Poetry . . . Commentary & Stories
The Anthological Writers

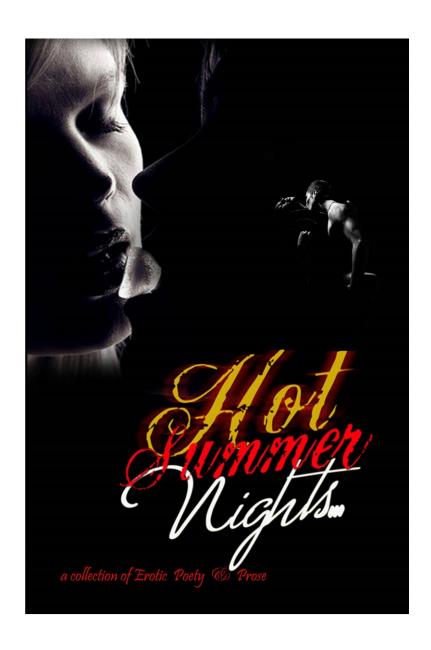
## A GATHERING OF WORDS

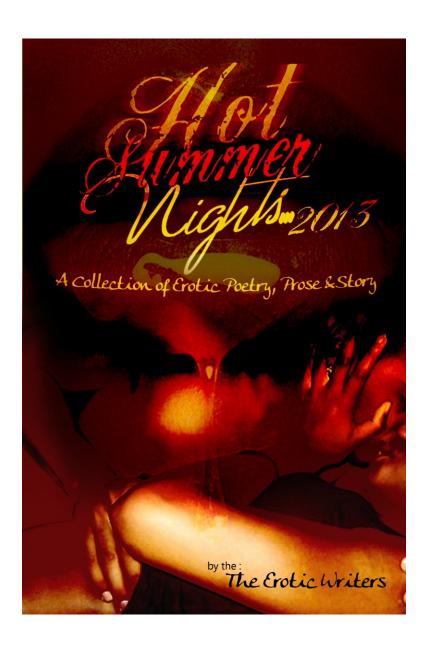


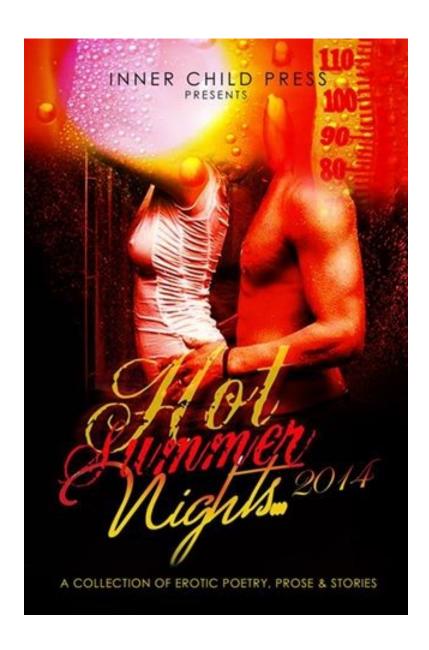
POETRY & COMMENTARY
FOR

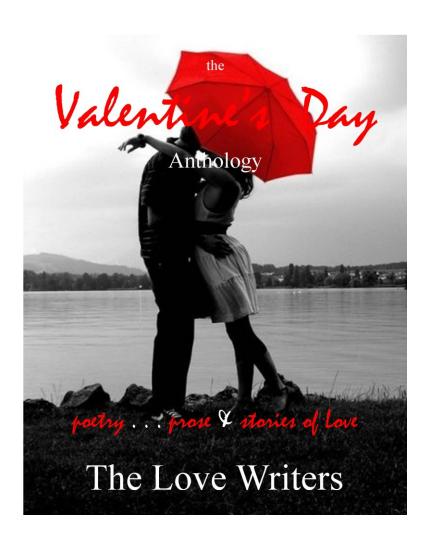
# TRAYVON MARTIN











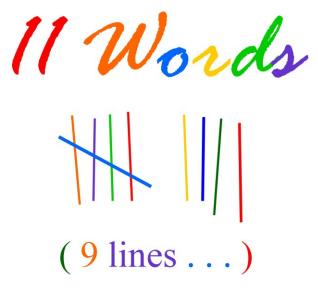


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Monte Smith

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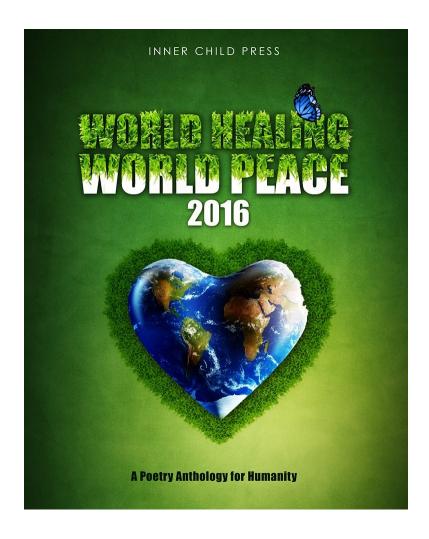
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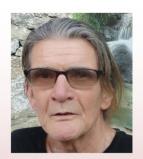
# The Poetry Posse ~ 2016



#### November 2016 ~ Featured Poets



Rosemary Burns



Robin Ouzman Hislop



Lonneice Weeks Badley



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