



my first poetry book Charles Banks

SeaBe

My First Poetry Book

Charles 'SeaBe' Banks

inner child press, ltd.

General Information

SeaBe My First Poetry Book Charles 'SeaBe' Banks

1st Edition : 2014

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Publisher Information

1st Edition : Inner Child Press : intouch@innerchildpress.com www.innerchildpress.com

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ISBN-13 : 978-0615968223 (Inner Child Press, Ltd.) ISBN-10 : 0615968228

Dedication

To those who have helped me grow more precious than GOLD:

MoM the platinum you will always be in my life Love

Briana Banks Love Continue striving for those Dreams continue the Chain

Tyrone Banks like no other Love you

the Banks Clan Life of Love

All my Black Planet Artist Lounge Alum

(Jill, ToBan, PoCo, Watcher13, Justina, DEE, JuneBuGG, Jh Poetry,2B2B2, ICANPROVEUWRONG, Margueritta Kamone, Tria, Lionheart, Los, HeartspokeNiecy, Wrii Ten, Wize Dom, Russell, In the Rain, Kissy ... and many more..)

Each of you inspired me in so many ways Bless you all!

StaRR Poetress Thanks for all Your Support and hard work Love

Face Book Family and Friends to mention a few (Jamie, ToDD, Renata, MizzFab, Kellz, LeelEE, Shihi, Arnita,.. so much more the list goes on)

My coworker Buddy Cedric Wynn thanks DuDe for not laFFing When I told U I was writing a poetry Book

And Last To Bill and Janet for the opportunity and Love you shown to me and the World of Poetry

Foreword

I met Charles aka SeaBe almost six years ago . When he joined The Artist Lounge. He and his poetry entered with breath of fresh air! His style is effervescent , intricately detailed cinematic story telling and animated delivery are second to none !Taking on the comical to social conscience with equal zest .

I have been honored to watch his gift of word and abstract art flourish. On a personal note SeaBe is the epitome of friend not just when the sun is shining but, when torrential storms hit as well. SeaBe is a respected artist in the art/poetry community. A gentleman that is a role model for me personally and society .SeaBe leads by example never competitive , combative , judgmental or crass .He supports his fellow artist and treats everyone with respect. SeaBe's talent and soulful spirit uplift and inspire .

Jill Delbridge

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'SeaBe'

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natural nature man

A natural nature man.... smell the earth in his open hands... solid as a rock stands on Mother's sands... a breathe away from deep brown skin .. musky scent covers you ... shore line stroll .. waves wash the clean away.. toes in golden sand play He speaks in earthy hues laughs in watery deep blues eyes bright as he listens to you as the SunSet colors the sky for just you two the nite has just begun for natural nature man and you.....

Inspired by a beauty in Lady of Words

The Skeptic

the Measuring tape is.... my....God A field ...a scale....an effect... a sum no weight on scale nothing to discuss Scientific Method....Logic ann the Sun If it Bumps in the nite How can that be? A Stressful mind playing games on me...

my past catches up....with.... Suddenly! I see things I shouldn't see Suddenly! I hear things I shouldn't hear Suddenly! I see things that shouldn't be

My Mother who died Long Ago Seizes a hold of me Ghostly hands I shouldn't see Started to run..then laugh instead fall down the stairs and break my head I'm laying dying... she touches mind takes me to a boyhood time takes me to a childhood divine takes me to a.....

Insp<mark>ire</mark>d from the movie of the same name

A Mother's Day Undone

for love sent.. and never returned Love's Undone

4

Soldier's Love

A Poem for the Soldiers coming back from the War. Wrote this doing a exercise for a Poetic Love Group.

Soldier's Love to touch you ; to view you without arms; without eyes still feel you.. in the morn when you rise, no surprise your scent; your sound so sweet; to my ears all fears....melt away i hear, your salty tears as they roll,,,down tender face those same tears.. wet my chest in my scars.. they now rest.. *silent sob* As i hear; your voice say "How you sleep?" *shakes* my head.. alls i say soft lips..wet mine all fear melts away.....

The Orange and The Stripes both Show

He's in a world of trouble my friend look what he's been do-in' all wrapped up in sin While his wife cares for his children he's been dip-pin' and flip-pin' them out as fast as they come media ann wife got him on the run not havin' much fun those days r behind him same still...it's his will strong in one way...weak in the other it's power and \$\$\$ got his ding-a-ling humming with all the Good he has done for some it's now.... none Good deeds still stand for something lately.. all he's been through he's stop act-tin' a fool to take care of what matters let's leave him alone to patch up things at home we've make mistakes our own it's what we do after it..... Good Luck Tiger!!!

Thanks Mr. B. for the inspiration

Bus StOp!!!

Cats & Dogs fall from the sky It's Rainin' so She Pulls little Him along her one for his 2 Groceries slung in every available space She loves him so Bus pulls up there splashin' aways to go puddles of dogs ann cats they walk/run through fEEts soakin' wet what else she gonna do? No ride no man all alone her ann the little man she loves him so he watches her from his safe dry ride finger on the button pushhhhh! window glides over the sounds of cats & dogs "Need a Ride"

she stops looks judging little man splashin' by her side Judging weightin' What's on his Mind? She Decides... "Thanks My Bus is Here!!" turns to continue stride Bus wheels slowly away..... BUS!!! StOp!!! her one for his two She Loves Him So!!

Conscience

Blackness Born

We must regress to progress... Adaptable minds take some....time Reverse it .. to find Blackness reborn in the presentence So let's go Back... to Black As the hands on the clock back stePP Before the first Black President... Tick Before Soul Train n James Brown Hit the pavement.. Tock Before Slavery affected an entire RaCe Clock **Before Civilization** Was Civil-Lies Click Before the Black Caveman Looked up with staRRs in their eyes **Question-net** Rock Before Suns n Worlds were born. Dreadlock Before the Universe was torn.. Between Dark n Light Shock BlackneSS was there No clock Everywhere Deadlock. Ages would pass.. in the lonely Black Expanses.. So in need Blackness created a Woman and a Man Who Loved their Blackness loved their Life Black fEEt to stand on Black colored land

These Mountains these trees..Seas Oceans steams filled with Black Beings Black Love created the first born... From a Black womb ... Built upon it the Race would Flourish... Built upon Civil lies.. Blackness would perish.. Blackness reborn again the again... Now in our presentence... Be Blackness For Black is not a color but a state ..Bold Blackness.. Bright BlackneSS Include all in BlackneSS.. For we are all born from 1t....

Xmas canceled Technically

A Dr Seuss inspired tale

What if What if....? The President And all his Big Shot Crew Got on Television Sooo.. many they had to leave out a few No smiles on their Serious Faces So many Microphones They ran out of spaces U hear the President say "In order to Save this Country" "I'm passing a LAW" "Xmas is Closed" "Xmas IS CLOSED Y'ALL ..." U..and the reporters Just sit there and stare... Then like a Sonic boom ... LOUD Protests from everywhere... WTH.!....i'm callin my momma! WTF! The President... waits for .. The noise to die down.. Than he speaks... "LooK"....Now Listen...." "Here's What we found..." "The Chinese and Wal-Mart too" "They've make a Big Big mistake.." "All the Xmas Cheer is ..." "Radioactively Laced " "That includes all the Décor, all the Food Gifts Toys Jewels..." "All the Xmas cheer has been touched" "Even the Xmas Lunch...!!!" The protests n noise start again U sit there thinking... Then U see at the bottom of a lone TV screen A ticker tape rolling... It reads the the peeps who dig up dirt n such

Yeah that's right the Archaeologists !!!

They found an Ancient Scroll Deciphered it... And it told... Forget what the other one's Before said The Mighty Son was.. Born on August eighth instead...!!!! What would you do?.....OR What if you had no \$\$ or no roof over your head... Like a lot of folks these days do? Would Xmas be closed? Technically would it to U? What is Xmas all about ? Is it this? Toys gifts fOOd...Or that? Family Love or a_ BiGG CaDillaC Where does Xmas live at? Does any one no? When Sharing Caring Do we Share from Outside or from Within? Is Xmas closed with U Technically or not? When I Wish you one... What am I Declaring...? This is all I got... It's all I can Say.. so.... Have A Berry ,... Merry.... Ve ry.. Son of Mary.. Verily ... The Fathers Man,... Larry say we, Merry, Ham n Cherries,...Cranberry...Goose with **Rosemary....Sherry ...Bloody Mary ...Dingleberry**(Igot one) Tooth Fairy,...HoLLy Berry.Hay a... **Budgetary...**Calamari...Black Cherry...yeah...lips like Berries..gimme HuckleBerry,,,DuDe..,...Extraordinary, Virgin Mary...Interplanetary,...Revolutionary.... Imaginary...Tom n Jerry....Military... Welcome Home Missionary Oh Babe... Monastery...prayin' y'all,...January ,...February ...and all thu the following year say we... every day..... .XMAS

Ole men -Rifles ann Whips

Surfing the Internet...some months ago I came across this photo of a Blackman in a Confederate Uniform. I didn't understand this at the time, but research helps and, I needed to know more, which inspired this poem ~ (looking back in time) ~

Ole men march in Gray uniforms proudly they's step, Blues greet them by no means in the summer of 1915 sleeping on straw mats they meet in remembrance A War long ago, burned in their minds separate but unequal...still our bleeds and wounds don't heal but never equal the Northerns say Ole men still proud of the Gray......

kill in' for home an side, take pride in shoo-in' white hides.....(1865) Norths, foreigners don't live here. cook in' fer master and tend in' his needs Soon he needs for me to bleeds I's no no others.....

freedoms a sin, They say caught runnin'..away fEEts cut (1859) hands in a bind pains a thing I's seen whips a comin' that's never... nothin' sing in' pain again and again.....and again.... 9s

(BOOM BOOM click a click) (BOOM BOOM click) (BOOM BOOM click a click) (BOOM BOOM CLICK) Strangers break N in the middle of the nite Kick the door open not looking for a fight 9 Gun's raised taking all I love n own By the sweat or my brow-Killin' Family Stone Cold Gimme Dat!! ,...I'm taking That!! My Wife Screamed Gimme Dat!! ,...I'm taking That!! My KIDS Bleed (Pause) (BOOM BOOM click a click) (BOOM BOOM click) (BOOM BOOM click a click) (BOOM BOOM click) Somehow I live,.. if that's what it's called Looking 4 dem 9s ... is all I'm living now (BOOM BOOM click a click) (BOOM BOOM click)...x2 Meet one 9 in the dark Alley nite In the end he saw my 9's gun lite BLOOD RED COLD N DEAD dat's what I said BLOOD RED COLD N DEAD (pause) (BOOM BOOM click a click) x2 (BOOM BOOM click) 4 more 9s Fuzzy and Black All I no is I broke one 9s back (BOOM BOOM click a click) x2 (BOOM BOOM click)

The other three 9s I carry their faces with me **Revenge pumping Heart** Wishing I could stop.. but ... can't.. see (pause) (BOOM BOOM click a click) (BOOM BOOM click) (BOOM BOOM click a click) (BOOM BOOM click) Catch one 9 shittin' on the commode Fold the paper n... his face 9 bullet holes (BOOM BOOM click a click) (BOOM BOOM click) (BOOM BOOM click a click) (BOOM BOOM click) Paper Red Cold n Dead Dat's wat I said Paper Red Cold n Dead (PAUSE) Track this 9 out with the Fam Kill him deadfamily seeing Red (BOOM BOOM click a click) (BOOM BOOM click) (BOOM BOOM click a click) (BOOM BOOM click) Feeling shame...going insane No one to blame., i'm insane Going sane (pause) AH....EEEE AH...EEE UH.... Last 2 9's Drinking @ a Bar One 9 run ...he ain't runnin' far (BOOM BOOM click a click) (BOOM BOOM click) (BOOM BOOM click a click) (BOOM BOOM click) One more too go I Hear in my head

"Kill.... Him.... slow Nice and slow Real... and.... slow" AH....EEEE AH...EEE UH.... Out of teeth for my Gun 9 He out 2 Face 2 Face... Bloody.. Broken... Fight (pause) (BOOM BOOM click a click) x2 (BOOM BOOM click) Rolling thunder...break him under Blood stained rain... Stomped..., In..., Head We.... R.... dead AH....EEEE AH...EEE UH.... (BOOM BOOM click a click) x2 (BOOM BOOM click) 9 of 9...blood.... All... spent Then...... IT'S...... TEN.... B O ... O.. M B O O M Click 5/22/11 seaBe

Poets

where do poets come from? with their washed full eyes leakin' hearts Damn the Broken Damns flowin evermore... the whispers on paper crumbled and stained Voices Loud with Ouiet Timbers in the forest alone... fallen leaves crushed like tin canns.... the footfalls however softly still bring attention I stePp away from dat and look

~ where do poets belong?

to the silent wet rain to the World's gone insane Damn the Broken Damns flowin constantly evermore

to the people poets bring a together-ness a soft caress a same cry a eye to ear to mind vibe spoken rings true.. i stePp forward and ask... where can one find a poet? in Hearts that Beat true

watch for the busted Damns Flowin constantly~ spiritually~ violently their there... could be U make the connection.... free feel wat your Heart whispers in the nite ~ by the bright of day take note of joy pains may be Deeper quicker to stain paper both ways it's a journey...i know but your heart is there with your mind no path is complete without them poets travel light...

fish out of water

like a dish... just washed...... ~~~~~drippin' ~~~~~so sad!!! flippin' from ~~~~~~one element to another.. ~~~~~tragic!! 0000000gaspin' 0000000 for what's not there...helps on the way!! ~~~~~floppin'.../../../../.../...hopin' can't catch a break ...hold still!!!! ~~~~~wishin' to fall n' what has been can't adapt to the new scene....... From...Scales....Legs ... Tails Obscene...!!! So just lie there....

````Stay ...Here...!!!
Failed Once...!!
Gave In...!
~~~~~now just fishin'/.....'...
Fish Out of Water...! FISHING...!!!!???!!!
wat!!!!??!!....sea......10/24 /10

#### pEtEr DepOsiT

on his way to the Bank she so generous in regards to her rank peter deposits for U that's wat he tell her! peter deposits nots all that's due in 9 months the interest is paid he be paying til an early Grave 30 peter deposits all came thru.. 30 peter deposit are Due he should have wrapped it up but he wanted to feel dat stuff.... now he can't pay enough 30 peter deposits all due... and he needs help from U Did U help push it thru? are dem BaBies n Ladies Hollarin'4 U they all lined up in a row... hands out snotty noses... he's run out of places to hide the bloodhounds sniff his backside he can't run he can't slide pay dem deposits or jail-time... the judge says it's not make a deal- time yo peter deposits cum thru!! Pay up DuDE!! U let yo Peter Think for U..!! a peter don't no bout Cash

now U payin' out yo a\$\$ peter pecker popper beater pay yo life away~~ a zipper would've kept her lock down pants down face frown U on the ground pay up shudd up pants up...dick down...don't play if U can't pay... stay in school.. school is Cool...cool with books books rule....rule with yo mind...not your behind... time plays with no one ...plan ahead to have a good one...

# DeaD- Man's Clothes

Found twistin' in the wind Dirt Dust sweat wearin' In order to keep livin' I wear DeaD MaN's clothin' Suited for another Battle.. Worn ... So U no Livin' in DeaD Man sleeves Strapped up belief Lifeless Belt pulled tight Fortified steel I'D sight Street clothes Dead those So I could live with sum feelin' Who would believe Lookin' from the outside IN Penatratin these I'm wearin.. Those... Heavy deaD-ness No placed to be living Boots I'm walkin' Souls Hold N Unfamiliar wear Worn wears n tear torn Death pounds the Duality Who says it unbecomin' To me Disheveled from within

Been a ruff year Shad (shed) a skin a time or 2 Appearin' unfamiliar Skins new born....those Gatherin' storm clouds... Reflect thru Dark eyes Drawn collar walkin head upward straight n DeaD man's clothes

# WayWard BounD

I Got Black fEEts Walk with Cold Blue ..Blood From the Richest Hood Where stePPs serve as .. Tables and Chairs Park Benches Bus StoPP 4 sleeping I live on the Edgethe cut the corner the curb the Alley.....the street.. Anywhere warm...

Walk the roads looking for Hands out to eat.. Everything That fEEds my the me needs

stands a intersection Hold my sign Can

U Spare

suM what U got sum?? Ma'Ma With dirty scarred Hands I Reach

Windows R...O...L...L Before I can Speak Please & Eye

nEEd somethin' 2 eat and I Hit Myself.. speak myself..beat myself..cut myself... pill myself.. tryin kill myself drink myself

no ....help... myself those that profit be GonE!!!

I drift now and when to a empty foGG Mindself the cause and effect

Of circumstance Beyond those controls Blank look when told to move on!! And I ..and me and she yeSs she ... yeSs she Gots to Bed any man To have somewhere to rest A soft bed a bath.. And soon she has to leave..

And cold GrEEts her And stares defeat her And alone and a bottle for her home And she and I and they and those nEEd a home

a purpose a way one time

some help a settled thought and shown love...

# poetic question

Poetic Question....me wondering.... when do you write your best... before or after a Great meal..? Fasting, Drink or Drugs Heart ache Love or just Sex? Injustice or Beautiful works... After Great thought,..or pen flows on it's own..

by Spirit larger then life... Remembering back on that Great pen... can you duplicate that..? inspired by claps and peers.. does ego inter fear... or \$\$\$ talk that... poet's with \$\$\$ that's so funny.. or is your pen the only outlet ... to scream PAIN at a World that... Hears, Smells, Tastes, Feels,..Lo's for Money what kind of Poet are you? the SunShines on all kinds... Love or Hate Evil or Kind pen to paper...digits to keys thoughts to mind...words in the breeze.....



# Yo Poems

(tune/ beat from a 60's DoGG food commercial )

assignment# Jealousy
My Poems Better than Yo-wen

My Poems Better Than Yo's
My Poems Better ...Cause They eat...
Kennel Ration.
My Poems Better than Yo's

in between the Sh\*t and not is where my Poems Trot But Theys not as bad as Yo's... And on the Day's.. When my Mind tends to Grey/ Gray/ Graze thinking bout a hot pocket..or a bottom that's **Hot**... I Read Yo-wen stuff. wondering what she/he..talking bout... then it hits me.. Yo stuff Eat Kennel Ration Too..!! making me Poems look like Poo ... !! So it's Yo's that Hot and my Poems not... I be cryin' in my RaGGoo..... But still I be Preachin' ... 2 myself and them My Poems Better than Yo's.. and in the other ear... I fear.

whisperin' tiny but clear ...

yo- Sh\*t not!... Burp...!!!. Fart....!!! So in the Degrees of the Sun.. We all is the One

That Poetry Range ...... From The Greatest Words Ever...... "BEHOLD"...!!! to something Frankenstein Drags in on the Bottom of

His Soles/Souls (SH\*T) Keep Pushing the Pen Cause we all AM Degrees of the SON

My Poems Better than Yo-wen.... My Poems Better Than Yo's.... My Poems Better ....Cause They eat... Kennel Ration...... My Poems Better than Yo's......

# Half a "C" note plus 9

Body...? Mind....? Who am I? Time? Memories of the past of me Who am I? Shifting Constantly Many Skins So I can See Who Am I?? Physical... pushin' up on me .... I'm past my prime Mental brain cells poppin' thinkin I got this down no strain cause I gained all I am Now Sexual doin' the do puts u in a space like Am meltin' away as the ole witch say (on OZ)Spiritual lovin' all no cents of material gain... unless IAM gets in the Way

Who AM I? Cheeseburger Eatin' Love needin' exercise bleepin' pOv heedin' Who AM I? Poetry side writtin' Art pixel delightin' Love all that's not bittin' am I these? Who AM I?

lookin' back @ me

am I light? thru a reflection I see Me eyein' I one blink where did I go? who am i?..... breathin naturally is what I do best what is hard doin' a one sided breath Who.... am.... I?..... Dreams and Shadows R a part of every life Where do U go when U sleep @ nite? Who am I? "SOME ONE SAYS PICK ONE" I Am who I AM Say's I

funny thing is Iam RIGHT with that I breath a .....sigh Wake Up... open one of three eye's

to see what I am yet..... more than a one sided breath Who AM I?.... I AM I and I say This!!!! This line of Questionin' Has Got me Pissed now that I've answered let me ask U this?..... WHO THE HEEL R U? I Know who AM I....!!!

# **Burgers & Fries**

Burger ann Fries with a coke on the side I can't survive without my Burger ann fries Cherry or Apple pie with my Supersized Burger ann Fries Mikey D's ann Wendy's be pimpin' me..... I'll be Burger King's Queen just slip me..some onion rings

sex ain't that Good me Ladie say takes a Happy meal for her to squeal call me her Big Daddy in the middle huffin' ann puffin need to refuel with a Chocolate shake or somethin'... in my Loney nite's surrounded by wrappers ann empty cups I roll out of bed,...can't even sit up!! a long mirror view....shakin' head stomach too... I swear in my mind standin' there Burger ann fries I'm through..... Just let me finish this Whopper it'll take a minute or 2.....

# PUMPkin BUTT pie Sweet Potatoe Bootie

Wat U cookin? she assked I continue to stir

I thought you didn't like cooking?!!? I DiDn't say a word Smells Good can I taste gently push her fingers away "I'm stirrin"...I stir You mad at me?!? I aDD more ingredients continue to stir finally I say there a fresh batch in the frig but the box has a warning reading: careful if you taste it it cums alive it's attracted to **BiGG** Ole BUTTs and yours is the right size ... BuTT I read too late... she had tasted as the Frig and the bowl begin to Shake Teeth Began to form I's begin to wake I Shouted Run! BaBe! Run! She gave me a look.. but it was too late with one swift move Orange tEEth sank into her BuTT Steak She shook n beat screamin' help me sea!!!!! useless I was holdin' a cookin spoon n a can of pea's

#### I watched with a look in my eye like

ILL make a Good Greatest America Vid or U Tube TV she ran around the house bouncing oFF the furniture by now i couldn't see her Butt orange TeeTh covered her... with a knife I found ran after misjudgin' my intent she ran out the Door Screamin' followed by a Trail of pumpkin orange teeth Hoppin Choppin' for a Home Girl slice my neighbor showin' his ASS waterin' the grass dialed 911 she screamin' me reachin' stabbin' but not connectin' OH! No!! PO PO 911 n sight DUCKed behind a Bush!! My BaBe Hollarin' Runnin' thu the nite... thinkin' i'll take a short cut to the rescue by where the Pushers and B Ballers play i no she'll go by there show nuff yeaH!! her runnin with a orange tail has stopped dem Pushers n BBallers in their tracks They watch whistlin cawin as she runs by PO PO close on her back.... around the corner licker store she run...

I grab her.... she gave me a smack not the Good one but the across the Face One.... she smackin I'm holding she sQuirmin' tryin to get to her APPle Bottom Backs

OranGe Pumkin Teeth on the ATTack Den with a Jolt I'm on the Ground TAZED PO PO standin in Blue me Dazed with a poke of a Shoe I watch as My BaBe hauled oFf in a blinkin box Car me with zip ties in the Back of a PO PO ride marked Po Po Police car Red Flashing lights OFF I Go...

That's What i Git 4 Buying SHYT from the Dollar store... Greatest America ViDeo NO!!! U TuBe nah...! MaYbe!! COPS!! That's for DAMN Show!!

Happy HoLLow weeN PeePs...

# Mule's Git at Me

Sleeping good most nites not this a poke(hey) a whisper(ump) a kick (WTF) "GET UP BOY WE GOT SUMTHIN TO SAY" (n Mr. Ed Voice) Crack open one sleepy peep Close real quick but too late.. 2 long harry horse face Mules Face to Face..n my face Crank me head to see the clock time Says am 208

Take a new look Rubbing sleep focus sum

Grey Face long ears Giant I's Donkey Kong lookin' Mules git at me Yall Wat you fellas want? It's 208!! "GOT SUM THIN TO SAY" "GOT SUM THIN TO PAINT" Not this nite fellas Got to bed late!!

I roll over...but the Mules don't play Kick me out of bed ....WTH "GIT TO WORK BOY"

For a min thinkin I'll take dem on... Then raisin "OK OK" (2 against one am done- ain't no fun) (Gotta do what they say) Alright alright

Whose first?!? "*Me*" the poetry Mules says Can I ride this time? Hellll to the no He reply I'm ridding BuDDy Giddup !!! Stirrup n my side

Hay!...HaY! HAY! Got a poem where U sing a song Giddy up-..see that Dollar store here Yeah!! Go in buy this baby toy here Bag in hand I rode him home ...hey..... hey hey hey A few short min's I am finished La La La One down he gone! Painting Mules pacing had a short fuse Where you been dude? Gather sum crayons sum cookies sum paste We gonna make a cake n paint n BAKE The work was long but by 6 he was long gone Tried n sleepy crawl into bed The alarm goes off It's 608 ... I'm late Help me y'all Mules git at me...HE HAW!!! 8/21/11 seaBe



# Pieces Of : L O V E

.....two whole minds..... .....together One Love...... Pieces of Love...... Dat Fit..... seaBe 7/17/11

#### she wears...

She wears... her Heart on her Right Shoulder.. waiting for Loves Fill... shining outwardly.... Bright inwardly... spoken God's will.. her treasures they speak of... though not all material... it's the sweet voice in her hands it's the gentle caress her words feel... In all she's a wonder.. men tread to get near..

it's the placement of careful-nest it's the Heart her shoulder feels....

# birds fly away.....

unaccustomed to the mood I'm in... slammed your door for the last time...... again seems to me I've rode this path.....

left .....right....turn around.....be knockin' at your door I sit thinkin' this time not like before get up... turn... walk a new way... Birds Fly Away

# Hardy Hearts

Hardy Hearts beat agape ann love... Truely Hearted Hardly Loved ... Hearty expressed ...barely jested ..... scarcely beat-in'...scared fleet-in' nub circumstance..... Harden Hearts beat Harder for Love Hearts Homely...Harden n Homely for Luv Hardly enough Hearts... around here ..... Seer ..... nor hefty enough..... Hardy Hearts both big n pure these Hearts R nary Hard or Blued..... Hearts Hardly Have any .. Hard feelin's....unshattered... beatin' Hearts...

beatin' Hardy beatin' True......

# Action Applied

She say she love me But I've yet to see Action applied Her name is Sharon Although I see no evidence of such I wait for soul stirrin' Like the flower at Sunrise She speaks of Love in words.. But yet no action applied We do what normal couples do Dinner shows the usual Somehow I still look/ see Empty-ness inside The Love she / I make Feels mechanical fake No real feeling Appling Action Takes.... She goes Shopping... I Buy... Bags of self we ... carry home... she Models for me... those bright shiny things... My comments.. she smiles....pleases... and for all the right reasons.... still empty inside... lately the fingers pointed... have turned... Every action has a equal But ... Have I Applied? M y Duty My Lesson My Love My.... Action.... Applied.....

# It Started with a Whisper

After Dinner In a Restaurant You sat close to me So we could Touch......sEE U knew I knew We were both.....Hot Breathed in your.....Ear U were simmerin' .....;There Your essence whispered Give me all you got We.fit.so Closely Our hands were busy caressin' pressin' body parts... People were lo.okin'

Knew we were Cookin Boilin' over the Top... Dropped my fork there... on my knees and Under the Table.....YEAH!!

Dropped your pan- teaze Searchin' Searchin'.... For the right spot L'eggs were open Inviting... Tasted yer HoT SwEEt SpOt

U breathed----- p--l--e--a--s--e S--l--o--w--l--y Than Melted with eaze.. soon I was on Top On your back under the table/ chair The sounds we made The people There Were getting'..... getting' so Dam HoT

It started with a whisper

After dinner

In a restaurant.....

# The Beholder

eye's speak on Beauty with Brains and Mind attached

Treasures of various forms and depths Some eyes lookin lack

some eyes spy Blue Green waters Lush palms float

above sandy patch All bodies of Liquid Simmer

much beneath levels told.... A True Observer

sees all surfaces Admirers all levels of Soul

Be true to your Beholder Look beyond surface folds





# 'SeaBe'

**Charles Banks** 

5

# About the Author

Charles Banks took a poetry class that kicked off his writing. Though Mr. Banks attended Devry University to become a computer technician, he has been writing since 1970s, going full time in 2008. Mr. Banks is also an accomplished Artist. Having a passion for the craft, he wanted something that would compliment his artwork as well. He is known by his peers as Charles 'SeaBe' Banks or SeaBe.

One can find Mr. Banks works throughout the internet and other publications. The humorous but serious poet is known reading others works to assist in his artistic growth. He currently resides in Houston, Tx.

# $S_{ea}B_{e^{\prime}s}\ L_{inks}$

FaceBook

www.facebook.com/seaBe0604

# Black Planet

www.blackplanet.com/seabe0604

SoundCloud

www.soundcloud.com/seabe-1

Inner Child Press

www.innerchildpress.com/charles-seabe-banks.php

# Endorsements

Charles "Seabe" Banks the man the myth the legend. Brings you burlesque poetry with haunting storylines that'll find your soul then loose you as you ponder, contemplate, laugh, cry, smile and cuss under your breadth in-between prose and stanzas. This new book most highly recommended and is one of the anticipated collection of works on the UnMuted Ink up and coming authors list and The WKPJB Radios Indie Artists spotlight. Lotto says all ya need is a dollar and dream but I say Bank on Seabe Banks he's a sure bet!! Your Library collection is incomplete without the magnificent works of this this poet Get the book! gEt ThE bOOk!!! GET THE BOOK!!

#### Jamie Bond from UnMuted Ink

http://www.innerchildpress.com/jamie-bond.php

Only one word can describe this master poet's style. AMAZING! Charles "Seabe" Banks is a phenomenal artist. He brings life to any subject with clarity; through his own unique and witty brand. The only thing I find more enjoyable than reading his work, is hearing him perform his writes live. Prepare yourself to experience the literary wonders of Seabe.

Justina Wheelock Novelist/Screenwriter/Poet

Charles Banks has a style that is unique to poetry. His words have a major influence on those that hear and read him. He takes a serious subject to project a message of what his spirit tells him to send to the public. Yet, in the midst of the message, people are laughing because his sense of humor has influenced his ink. Once the laughter has settled down, one would be like "his stuff is real". The messages may be about heartache, lovemaking, homelessness, and even street and/or family life. Though one may never be able to replicate Mr. Banks' style, they will always have a warm feeling and a bit more knowledge that assist them in their daily lives and outlook.

#### Janet Renee Cryer aka Starr Poetress

www.lulu.com/jreneecryer

funny...amusing...witty...informative...entertaining...car ing...inspiring and giving are only a few words to describe author charles seabee banks. you will want to add his thoughts to your collection and share it with others. i can't wait to get my autographed copy.

seabee, congratulations and much success on your book.

Sincerely,

#### Todd Smith aka thelyfepoet

author of the poetry book "lyfe is" http://bookstore.authorhouse.com/Products/SKU-000376733/Lyfe-Is.aspx or

contact <a href="mailto:thelyfepoet@gmail.com">thelyfepoet@gmail.com</a>

The Charles SeaBe Banks' book is an exquisite collection of some thirty extraordinary poems that should come with a disclaimer: "FOR TRUE CONNOISSEURS OF LIFE & POETRY, ONLY!" This anthology of incredibly energizing verses was written in a spirit of brilliant satire, putting human nature on a trial of public conscious and public sense of humor. (book title).....is a modern farce, so unmistakably witty and so cleverly constructed. It ridicules our inherent imperfections, in particular, and life's continuous perplexity, in general. I highly recommend (...... for the originality of its subject matters and its distinctive style.

#### Margueritta Kamone

Charles "Seabee" Banks. What can I say well over the several years I've known him (5), to be exact I don't think he's ever been at a loss of words pertaining to any subject, from rocket science to dentistry he has an answer for you. Maybe not always accurate but his sincerity goes beyond measure. Now his talents that is a different subject. I feel his creativity is as unique as his personality, his creative mind either through his poetry or his art is astounding. You cannot deny when he applies himself to his craft he leaves nothing to ponder. I hope his passions take him to his highest heights and not one of dreams be denied. With the talent he possesses its only a matter of time.

Cedric Wynn

Inner Child Press

Inner Child Press is a Publishing Company Founded and Operated by Writers. Our personal publishing experiences provides us an intimate understanding of the sometimes daunting challenges Writers, New and Seasoned may face in the Business of Publishing and Marketing their Creative "Written Work".

For more Information

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www.innerchildpress.com

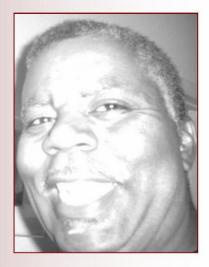
intouch@innerchildpress.com

Let Us Share Our•

Inner Child **PRESS** 

I met Charles aka SeaBe almost six years ago . When he joined The Artist Lounge. He and his poetry entered with breath of fresh air! His style is effervescent, intricately detailed cinematic story telling and animated delivery are second to none ! Taking on the comical to social conscience with equal zest.

**Jill Delbridge** 



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