

*Introducing*



*Janet P. Caldwell*

I am a Mother, Grandmother,  
Daughter, Sister, Lover, Friend  
and Servant. I hope you enjoy  
my Soul's Poetic Reflections of  
my Journey and my Love for  
Humanity.

Thank You

*Janet*



Janet Caldwell is a prolific Poet and Writer. In this masterful work, *Passages*, Ms. Caldwell demonstrates the uncanniest ability to capture the thoughts and spirits of many of us in her insightful and often pain-filled verse. Her propensity to bring light to that which was once dark has touched many Souls and many readers across the globe. Some liken her Poetic Expressions to such “Great Scribes” as Sylvia Plath and Anne Sexton. We believe that her voice found in her words are not reflections of any others, but that of her own.

Visceral intensity, both the violence and the love, are gustily, painfully and restoratively felt. Sometimes we have a strength we don't know.

**Ira Lightman**  
*Poet and Musician*  
United Kingdom

[www.innerchildpress.com](http://www.innerchildpress.com)





*passages*

*janet p. caldwell*



Poetry

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## *a word from Keith Alan Hamilton*

When I was asked by Janet to write the forward to her next book of poetry, I was extremely honored as the humble feeling of responsibility set in for being appointed to accomplish such a noble endeavor. The reason being, this is an extraordinary human being, who is elegant at heart and yet absolutely real as she will reveal to you through words of poetry. She is absolutely original, and will deliver to you a raw, however pure spirit that will touch the very fabric of your soul. You'll say, I get her and completely understand where she is coming from.

In poetic fashion, you'll come to appreciate this is a woman who has undergone many challenges in life, but has chosen not to be a victim of her circumstances. She can talk about her lived experience, bring it down to its bare essence, and then show you the way to lift yourself beyond it all. In other words, Janet won't allow you to dwell in the melancholy of life for long. You'll be expected to get up, dust yourself off and then get on with the living. Janet's words will not surrender to the life of the hopeless, no matter how bleak reality may appear at the moment.

If you are into poetry, 'cause you know it will expose the experience of the writer as perceived and expressed by them through the ultimate art form, poetry. Well then, you will thrive upon and be inspired by the poetry of Janet Caldwell. Her destiny is to be one of the greats, I have no doubt.

Keith Alan Hamilton

Poet, Writer, Photographer, Publisher and Dear Friend  
[www.keithalanhamilton.com](http://www.keithalanhamilton.com)







## Ransomed

The atmosphere, a caliginous cast,  
a foreboding feel.

The prophecy still at work from times past,  
so I could not heal.

Out of the nocturnal ages it seems,  
sac-like organs heave.

Mercurial canals of my mind stream,  
and then I did breathe.

Out of the fog and into the clearing,  
shards of light met me.

Green grass and flowers started appearing,  
seeds of life to be.

Nourishing my starving spirit and soul,  
I ate them all up.

Soft illumination did make me whole,  
I drank from His cup.

His promise to me is eternal  
where there is no grief.

Providence is not accidental,  
my trust is not brief.



## *just a word . . .*



### Friends . . .

I thank you for taking the time to enjoy my “Personal Publicity Offering”.

My Poetry has always been cathartic for me. Many people along the way of my journey have expressed to me a kinship with my writing. I am honored and feel blessed to share and to touch others at such a level of resonance.



This Book, “*Passages*” is about my personal journey, captured, as I try to extricate certain aspects of self by way of Poetry. In my previous Book, “*5 degrees to separation*”,

I wrote primarily about my Pain and my questions. I was very troubled. There was quite a bit of angst in my life about

my life’s experiences. As I continued to travel the path life presented me, many wonderful gifts came my way to assist in my personal healing and evolution, and the journey continues.

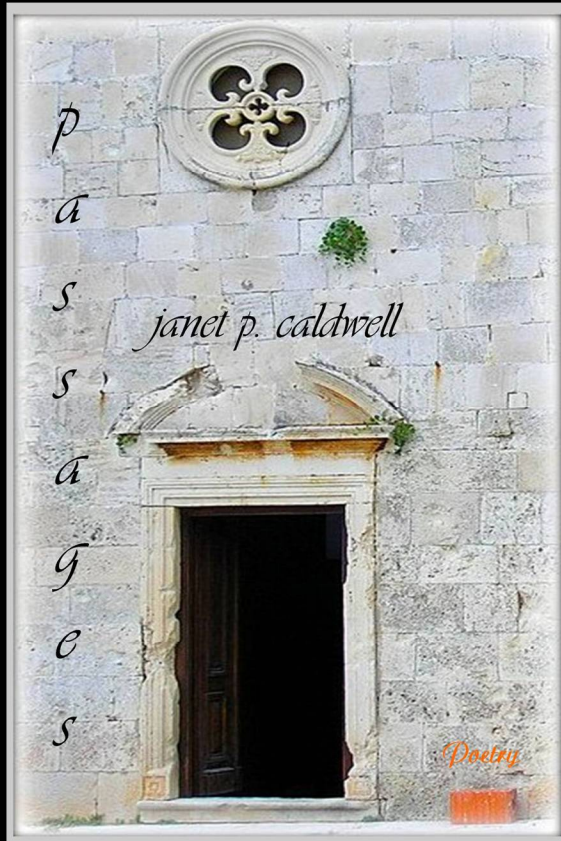
At this time I would simply like to offer my gratitude for all those individuals who have very significantly contributed to my growth to include; William S. Peters, Sr., Keith Alan Hamilton, Michael (son), Summer (daughter), Terry (brother), Cindy and Tami (my dearest friends) and all others whom I have not mentioned here. I love you all for the gift of your presence in my life. I most of all would like to thank my Lord for always being by my side through it all and not giving up on me when times were dark and no light could be found . . . He kept that candle of hope burning when I could not.

### Blessings

Janet

xoxoxoxo

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other info

Ms. Caldwell is a prolific writer on all levels.  
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